

Superwoman Cha

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Phrased High Beginner
編舞者: Blooring Leo (INA), Fie Fie Phan (INA), Kelly (INA) & Phia Gho (INA) - November 2021
音樂: Superwoman - Titi DJ, Ashanty & Eka Gustiwana



Intro : 16 Count

Sequences : A TAG ABAA TAG2X ABAA ABAA A*

PART A (32C)

S1: Side, Hitch, Side, Hitch, Side Chasse, Pivot Turn

1234 Step Lf to L, Hitch Rf, Step Rf to R, Hitch Lf
5&6 Step Lf to L, Step Rf beside Lf, Step Lf to L
7 8 Step Rf frwd, ½ Turn L Step Lf frwd (06.00)

S2: Rock, Recover, Sailor Step, Cuban Break, Samba Step

1 2 3&4 Rock Rf across Lf, Recover Lf, Sweep Rf front to back step behind Lf, Step Lf beside Rf, Step Rf to R
5&6& Body facing 07.30 Step Lf frwd, Recover Rf, Step Lf back, Recover Rf
7&8 Step Lf frwd, Squaring to 06.00 Step Rf to Side, 1/8 L Recover Lf (04.30)

S3: Walk, Walk, Chasse Forward, Step Lock Touch, Step Back, Sailor Step

1 2 3&4 Walk Rf frwd, Walk Lf frwd, Step Rf frwd, Step Lf behind Rf, Step Rf frwd (04.30)
&56 Step Lf frwd, Touch Lock Rf behind Lf, Step down Rf
7&8 3 1/8 L Sweep Lf front to back Step behind Rf, Step Rf beside Lf, Step Lf to L (12.00)

S4: Walk, Touch, Walk, Touch, Forward Chasse, Pivot Turn

1234 Step Rf frwd, Touch Lf to L, Step Lf frwd, Touch Rf to R
5&6 78 Step Rf frwd, Step Lf behind Rf, Step Rf frwd, Step Lf frwd, ½ Turn R Step Rf frwd (06.00)

PART B (16C) is the part where music is slowing down. All part B happened at 12.00

S1: Touch and Slow Body Roll, Step R, Raise R Arm Up

1234 Touch Lf to L and do a slow body roll start from diagonal right for 4 count..weight end on Lf
5678 Step Rf to R (5), slowly raise R arm up (6,7,8) (12.00)

S2: Fold Body Down, Raise Head, Paddle 3x, Touch

1234 Weight still on R...put down R-Arm together with folding body down diagonally left (body facing 10.30) (1-2), Raise head up (3-4)
5678 1/8 R Touch Lf frwd, 1/8 R Touch Lf frwd, 1/8 R Touch Lf Frwd, 1/8 R Touch Lf beside Rf (06.00)

TAG (4 count) : Dig Sway to L (1-2), Dig Sway to R (3-4)

After you dance A Tag AAAB, you must do TAG 2 times in a row to complete a 8 Count Tag.

Enjoy Superwoman!!

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