

# Superwoman

COPPER KNOB  
STEPPERS

拍數: 72      牆數: 4      級數: Phrased High Improver  
編舞者: Jhon Batin (INA) - November 2021  
音樂: Superwoman - Titi DJ, Ashanty & Eka Gustiwana



**\*\* 1 Tag (facing 06:00), No Restart**

**\*\* Sequences : ABCCCC - Tag - ABCCCC - ABCCCC - A16c**

**\*\* Start dance 32 count on vocal (start on the word "Having morning tea..")**

## Part A - 32 count

### Sec 1 Rocking Chair, Forward, Knee Up, Rocking Chair, Forward, Touch

1&2&      Step R forward, recover on L, step R backward, recover on L  
3-4      Step R forward, bend L knee up  
5&6&      Step L forward, recover on R, step L backward, recover on R  
7-8      Step L forward, touch R to side

### Sec 2 Cross Rock, Step Side, 1/4 Turn Cross Behind, Step Together, Forward, Rock Forward, 1/2 Turn Forward Shuffle

1&2      Cross R behind L, recover on L, step R to right side  
3&4      Cross L behind R while turning 1/4 left (09:00), step R together, step L forward  
5-6      Step R forward, recover on L  
7&8      Turn 1/2 right stepping R forward (03:00), step L together, step R forward

### Sec 3 Rock Forward, Coaster Step, Rock Forward, Backward (3x)

1-2      Step L forward, recover on R  
3&4      Step L backward, step R together, step L forward  
5-6      Step R forward, recover on L  
7&8      Backward R-L-R

### Sec 4 1/4 Turn Step Side, Touch, 1/4 Turn Forward, Step Together, 1/4 Turn Step Side, 1/4 Turn Backward Shuffle, 1/4 Turn Step Side, Side Rock

1-2      Turn 1/4 left stepping L to left side (12:00), touch R beside L  
3&4      Turn 1/4 right stepping R forward (03:00), step L together R, Turn 1/4 right stepping R to right Side (06:00)  
5&6      Turn 1/4 right stepping L backward (09:00), R beside L, step L backward  
7-8      Turn 1/4 right stepping R to right side (12:00), recover on L

## Part B - 16 count

### Sec 1 Cross forward, Hold, Rock Forward, Big Step Backward, Step Together

1-2      Cross R over L forward, Hold  
3-4      Cross L over R forward, Hold  
5-6      Step R forward, recover on L  
7-8      Big step R backward while pulling L back, step L together R

### Sec 2 Heel Switches R-L-R, Forward, Out Out, Touch Cross Behind, Bounce Heels 1/2 Turn

1&2&      Touch R heel forward, close R beside L, touch L heel forward, close L beside R  
3&4      Touch R heel forward, close R beside L. step L forward  
5&6&      Step out R forward, step out L forward, step R forward, touch L cross behind R  
7&8      Bounce Heels (3x) while making 1/2 turn left (06:00)

## Part C - 16 count

### Sec 1 Side Step, Touch, In Place, Lock Shuffle Forward (2x)

1&2      Step R to right side, touch L beside R, step R in place

3&4 Step L to left side, touch R beside L, step L in place  
5&6 Step R forward, lock L behind R, step R forward  
7&8 Step L forward, Lock R behind L, step L forward

**Sec 2 Cross Over, Backward, Chasse Right, Cross Rock Over, 1/4 Turn Lock Shuffle Forward**

1-2 Cross R over L, step L backward  
3&4 Step R to right side, close L beside R, step R to right side  
5-6 Cross L over R, recover on R  
7&8 Turn 1/4 left stepping L forward (03:00), lock R behind L, step L forward

**Tag - 8 count**

**Out Out, Coaster Step, Rock Forward, 1/2 Turn Shuffle Forward**

1-2 Step out R forward, step out L forward  
3&4 Step R back, close L beside R, step R forward  
5-6 Step L forward, recover on R  
7&8 Turn 1/2 left stepping L forward (12:00), step R together L, step L forward

**Happy Dancing ... !**

**Contact : [jhonbatin@gmail.com](mailto:jhonbatin@gmail.com)**

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