

Runaway EZ

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Sophie Cournoyer (CAN) - 5 November 2021
音樂: Runaway (Los Padres Remix) - R3HAB, Sigala & JP Cooper



Intro : 16 counts

[1-8] Grapevine R, Touch, Grapevine L, Touch

1-2 Step RF to R (1) - Cross LF behind RF (2)
3-4 Step RF to R (3) - Touch LF next to RF (4)
5-6 Step LF to L (5) - Cross RF behind LF (6)
7-8 Step LF to L (7) - Touch RF next to LF (8)

[9-16] Rock Step Forward, Back, Hold, Rock Back, Step Forward, Clap (X2)

1-2 Rock RF forward (1) - Recover on LF (2)
3-4 Step RF back (3) - Hold (4)
5-6 Rock LF back (5) - Recover on RF (6)
7&8 Step LF forward (7) - Clap your hands (&) - Clap your hands (8)

[17-24] Shuffle Forward (X2), Step Pivot ½ Turn L, Step Pivot ¼ Turn L

1&2 Step RF forward (1) - Step LF next to RF (&) - Step RF forward (2) *Note : The shuffle is slightly on diagonal to the right.
3&4 Step LF forward (3) - Step RF next to LF (&) - Step LF forward (4) *Note : The shuffle is slightly on diagonal to the left.
5-6 Step RF forward (5) - Pivot ½ Turn L (6)
7-8 Step RF forward (7) - Pivot ¼ Turn L (8)

[25-32] Shuffle ¼ Turn R (X2), Step, Kick, Back, Touch

1&2 1/8 Turn R stepping RF forward (1) - Step LF next to RF (&) - 1/8 Turn R stepping RF forward (2)
3&4 1/8 Turn R stepping LF forward (3) - Step RF next to LF (&) - 1/8 Turn R stepping LF forward (4)
5-6 Step RF forward (5) - Kick LF forward (6)
7-8 Step LF back (7) - Touch RF next to LF (8)

No tag, no restart.

Have fun!

For more informations : cournoyer.sophie.sc@gmail.com.