

Long Walk

拍數: 32 牆數: 2
編舞者: A.A.J.D (UK) - November 2021
音樂: Long Walk - Brandy Clark

級數: Beginner / Improver



Intro: 8 counts - start on lyrics

Walk, Walk, Mambo, Back, Back, Coaster Cross.

- 1, 2 Step right forward, step left forward.
- 3 & 4 Step right forward, step left next to right, step right back.
- 5, 6 Step left back, step right back.
- 7 & 8 Step left back, step right next to left, step left across right.

Side, Together, Shuffle Forward, Rock, 1/2 Sailor.

- 1, 2 Step right to right side, step left next to right.
- 3 & 4 Step right forward, step left next to right, step right forward.
- 5, 6 Rock left forward, recover onto right.
- 7 & 8 1/2 turn left step left behind right, step right to right side, step left forward

Restart - Wall 2

Side Rock Cross x2, Rock, 1/2 Shuffle

- 1 & 2 Rock right to right side, recover onto left, step right across left.
- 3 & 4 Rock left to left side, recover onto right, step left across right.
- 5, 6 Rock right forward, recover onto left.
- 7 & 8 1/4 turn right step right forward, step left next to right, 1/4 turn right step right forward.

Step 1/2, Shuffle. Step, Touch, Back, Behind & Touch.

- 1, 2 Step left forward, pivot 1/2 right.
- 3 & 4 Step left forward, step right next to left, step left forward.
- 5 & 6 Step right to right diagonal, touch left next to right, step left back.
- 7 & 8 Step right behind left, step left to left side, touch right next to left.

***Restart on wall 2 after 1/2 Sailor.**

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