

Mr. Postman

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marilyn Sugiyama (JP) - November 2021
音樂: Please Mr. Postman - Carpenters



Intro 16 Counts - No Tags, No Restarts

[1 ~ 8] RIGHT VINE TOUCH, LEFT VINE TOUCH

1-2 Step R to right side, step L behind R
3-4 Step R to right side, step L next to R
5-6 Step L to left side, step R behind L
7-8 Step L to left side, touch R next to L

[9 ~ 16] K-STEP , SCUFF

1-2 Step R diagonally right forward, touch L next to R (clap)
3-4 Step L diagonally left back, touch R next to L (clap)
5-6 Step R diagonally right back, touch L next to R (clap)
7-8 Step L diagonally left forward, scuff R Forward

[17 ~ 24] STEP, 1/2 TURN, STEP, STEP, 1/4TURN, STOMP

1-2 STEP R forward, pivot 1/2 turn left (weight on left) (6:00)
3-4 STEP R forward, hold
5-6 STEP L forward, pivot 1/4 turn right (weight on right) (9:00)
7-8 STEP L next to R, hold

[25 ~ 32] SWIVEL HEELS RIGHT, LEFT

1-2 Swivel both heels right, hold (clap)
3-4 Swivel both heels left, hold (clap)
5-6 Swivel both heels right, left
7-8 Swivel both heels right, center

REPEAT DANCE
