

Numb

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - November 2021
音樂: Numb - LINKIN PARK : (Spotify / Amazon / iTunes)



(32 count intro)

[S1] Side, Behind Rock-Side Shuffle-Back Rock, Chase Turn-Step-Lock-Step

1 2& Step L to the side, Rock R behind L, Replace weight on L
3&4 Side shuffle to the right on R-L-R
&5 Rock back on L, Replace weight on R
6& Step forward on L, Make a 1/2 turn right recover weight on R (6:00)
7&8 Step forward on L, Lock/step R behind L, Step forward on L

[S2] Fwd Mambo into Sweep 1/4L-Coaster Step-Hitch, Step-Hitch, Cross Rock-Side, Cross-Side

1&2 Rock forward on R, Replace weight on L, Step back on R starting to sweep L foot making a 1/4 turn left on R foot (3:00)
3&4& Step back on L, Step R next to L, Step forward on L, Hitch R knee forward
5& Step forward on R, Hitch L knee forward
6&7 Rock/across L over R, Replace weight on R, Step L to the side***
8& Cross R over L, Step L to the side

[S3] Back w/ Sweep 1/4L, Behind Rock, Side Rock-Cross-1/4L-1/2L, 1/4L Side Rock-Cross-1/4R-1/4R-

1 2& Step back on R making a 1/4 turn left sweeping L foot around, Rock L behind R, Replace weight on R (12:00)
3&4 Rock L to the side, Replace weight on R, Cross L over R
&5 Make a 1/4 turn left stepping back on R, Make a 1/2 turn left stepping forward on L (3:00)
6&7 Make a 1/4 turn left stepping/rock R to the side, Replace weight on L, Cross R over L (12:00)
&8 Make a 1/4 turn right stepping back on L, Make a 1/4 turn right stepping forward on R** (6:00)

[S4] -1/4R Side Shuffle, Kick-Ball-Side-Together-Fwd, Reverse Side Roll w/ Flick

1&2 Make a 1/4 turn right stepping L to the side, Step R next to L, Step L to the side (9:00)
3&4& Kick forward on R, Ball step R next to L, Step L to the side, Step R together
5 6 Step forward on L, Make a 1/4 turn left stepping back on R (6:00)
7 8 Make a 1/2 turn left stepping forward on L, Make a 1/4 turn left stepping R to the side and flick L toes behind R knee (9:00)

Restart on Wall 2 count 24 (3:00) - Make a 1/4 turn right stepping L to the side and starting Wall 3 (facing 6:00)**

TAG: 4 counts Tag at the end of Wall 7 (3:00) - Side Rock-Cross-Side Rock, 3 Stomps

1&2 Rock L to the side, Replace weight on R, Cross L over R
&3 Rock R to the side, Replace weight on L
&4& 3 stomps on the spot R-L-R

Ending: The last wall starts facing 9:00. Dance up to S2 count 7*, then Touch R close to L (12:00)**

**Please feel free to contact me if you need any further information. (hirokoinedancing@gmail.com)
(updated: 10/Nov/21)**