

# Liftoff

COPPER KNOB  
BY SHEETS

拍數: 64      牆數: 2      級數: Low Intermediate  
編舞者: Kayla Cosgrove (USA) - October 2021  
音樂: Rocket to the Moon - Pepita Slappers



**Intro: 64 Counts, Dance Starts after he sings "Hey listen up"**

**Tag-Start Wall 2 after 32 counts, Restart Wall 5 after 32 Counts, Tag End Wall 6**

**Alternative Track: Rocket For Me by Caravan Palace (No Tags/Restarts)**

**Intro: 32 Counts - Start with the Lyrics.**

## **POINT/KICK CROSS FORWARD, POINT/KICK CROSS FORWARD, DOUBLE KICK**

1,2,3,4      Point/kick R to R (1) Cross step R over L (2) Point/kick L to L (3) Cross step L over R (4)  
5,6,7,8      Angling body towards left diagonal kick R forward as you travel slightly towards 12 o'clock (5) keeping weight on L and R foot in the air, flick R heel back (6) keeping body to diagonal, kick R forward as you travel slightly towards 12 o'clock (7) Step down on Ras you straight out to 12 o'clock wall (8)

**Optional Arms: As you kick x2 with the right leg, raise both arms up over head as you kick forward, down as you return home**

**(On the Chorus you can add more energy and fun by adding a little hop on your standing leg as you kick to the side)**

## **POINT/KICK CROSS BACK, POINT/KICK CROSS BACK, ROCK RECOVER X2**

1,2,3,4      Point/kick L to L (1) Cross step L back (2) Point/kick R to R (3) Cross step R back (4)  
5,6,7,8      Rock back L to L diagonal (5) Recover R fwd (6) Rock back L to L diagonal (7) Recover R fwd (8)

## **KICK, CROSS, SIDE ROCK, KICK, CROSS, SIDE ROCK**

1,2,3,4      Kick L fwd (1) Cross L over R (2) Rock R to R (3) Recover L to L (4)  
5,6,7,8      Kick R fwd (5) Cross R over L (6) Rock L to L (7) Recover R to R (8)

## **STEP HOLD, ½ TURN RIGHT HOLD, CHASE ½ TURN RIGHT, HOLD**

1,2,3,4      Step L Fwd (1) Hold (2) Turn ½ R stepping R fwd (3) Hold (4)  
5,6,7,8      Step L fwd (5) Turn ½ R stepping R fwd (6) Step L fwd (7) Hold (8)

**(4 Count Tag happens here wall 2 & 5 after 32 counts, restart the dance) (Restart happens here on wall 6 after 32 counts)**

## **¼ RIGHT CROSS, HOLD, STEP SIDE, HOLD, CROSS HOLD, STEPSIDE HOLD**

1,2,3,4      Keeping weight on L, make a ¼ turn R to face 3 o'clock as you cross R over L (1) Hold (2) Step L to L side (3) Hold (4)  
5,6,7,8      Cross R over L (5) Hold (6) Step L to L side (7) Hold (8)

## **TAP STEP, TAP STEP, ROCK RECOVER, KICK, HOOK CROSS**

1,2,3,4      Tap R to L instep (1) Step R to R (2) Tap L to L instep (3) Step L to L (4)  
5,6,7,8      Rock R back (5) Recover L fwd (6) Kick R fwd (7) Hook R over L shin (8)

## **STEP TOUCH, BACK TOUCH, STEP LOCK STEP HOLD**

1,2,3,4,      Step R fwd (1) Touch L toes to R heel (2) Step Back on L (3) Touch R toes to L instep (4)  
5,6,7,8      Step R fwd (5) Lock step L behind R (6) Step R fwd (7) Hold (8)

## **CROSS, HOLD, ¼ LEFT, HOLD, ½ LEFT TRIPLE, HOLD**

1,2,3,4      Cross L over R (1) Hold (2) make a ¼ L stepping R back to 6 o'clock (3) Hold (4)  
5,6,7,8      Step L fwd making ¼ L to 9 o'clock (5) Step R together (6) Step L fwd making ¼ L to 6 o'clock (7) Hold (8)

**TAG: STEP, HOLD, ½ TURN RIGHT, HOLD**

1,2,3,4      Step R fwd (1) Hold(2) ½ turn R stepping fwd on R(3) Hold(4)

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