

U Gurl

拍數: 32 牆數: 4 級數: Improver
編舞者: Wendy McLean (CAN), Terri Clarke (CAN) & Joanne Culp (CAN) - November 2021
音樂: U Gurl - Walker Hayes



Bump & Bump, Bump & Bump, Cross Rock, Coaster Step

1&2 Touch right toe slightly forward and bump right hip forward, bump left hip back, bump right hip forward taking weight onto right foot
3&4 Touch left toe slightly forward and bump left hip forward, bump right hip back, bump left hip forward taking weight onto left foot
5 6 Rock right foot across left, recover to left foot
7&8 Step back on right, step together with left, step forward on right

Rock Recover, Triple ¼, Sway ¼

1 2 Rock forward on left, recover to right
3&4 Turning ¼ left, shuffle left, right, left (9:00)
5678 Step right foot forward and sway right, left, right, left as you turn ¼ turn left (6:00)

Cross Rock, Side Rock, Cross Rock, Back, Back

1 2 Rock right across left, recover to left
3 4 Rock right side, recover to left
5 6 Rock Right across left, recover to left
7 8 Walk back right, left (swivel toes of opposite foot out with each step back)

Rock Back, 1/4 Turn, Shuffle ½, Back, Touch

1 2 Rock Back on right, recover to left
3 4 Step forward on right, pivot ¼ left (weight to left) (3:00)
5&6 Shuffle ½ turn left (right, left, right) (9:00)
7 8 Step back on left, touch right beside left

Repeat

Restart on wall 3 (starts at 6:00) after 16 counts (12:00)
