

The Motto

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lucy Cooper (UK) - November 2021
音樂: The Motto - Tiësto & Ava Max



Intro: 8 counts (begin on vocals "motto")

Touch, Together, Side Rock, Cross, Chug x 3 ½ L, Cross

1 2 Touch R to R diagonal pushing into right hip, close R beside L,
3&4 Rock L to L side, recover onto R, Cross L over R
5&6& Turn 1/8 L pushing R out to side, recover onto L, turn ¼ L pushing R out to side, recover onto left,
7&8 Turn 1/8 L pushing R out to side, recover onto L, cross R over L (6.00)

Forward Rock, Recover, Behind Side, Cross, Chug x 3 ½ L, Touch

1 2 (Facing L diagonal) Rock forward on L, recover onto R (4.30)
3&4 Cross L behind R, step R to side, cross L over R (to right diagonal) (7.30)
5&6& Turn ¼ L pushing R out to side (4.30), recover onto L, turn ¼ L pushing R out to side, recover onto L (1.30)
7&8 Turn 1/8 L pushing R out to side, recover onto L, touch R beside L (12.00)

RESTART HERE ON WALL 3

Side, Back Rock, Side, Point Forward, Point Side, Point Behind, Full Unwind R

1 2& Step R to side, rock L back, recover onto R
3 4 Step L to side, Point R forward across L
5 6 Point R to R side, Point R back behind L
7 8 Unwind full turn R keeping weight on L

Kick R, Out Out, Swivel Heels, Swivel Toes, Sit into L, Bring Weight Up, Sit into L, Kick Ball Cross

1&2 Release R from unwind into forward kick, step R out to R side, step L out to L side
3&4 Swivel heels L, swivel toes L, swivel heels L whilst releasing R heel and sitting into the L
5 6 Straighten R lifting weight up from sit, sit back into L bending R
7&8 Kick R, ball step R beside L, cross L over R

Side Rock, Behind Side Cross, Side Rock, Behind Side Cross

1 2 Rock R to R side, recover onto L
3&4 Cross R behind L, step L to side, cross R over L
5 6 Rock L to L side, recover onto R
7&8 Cross L behind R, step R to side, cross L over R

Side, ¼ L, ¼ L, Behind, Out, Out, Touch, Hip Bump

1 2 Step R to R side, step L to L side turning ¼ L
3 4 Step R to R side turning ¼ L, cross L behind R (6.00)
5 6 Step R out to R side, step L out to L side,
7&8 Touch R beside L, bump into R hip (&) recover hips (8)

R Samba, L Samba, Jazz Box ½ R,

1&2 Cross R over L, rock L to L side, recover onto R
3&4 Cross L over R, rock R to R side, recover onto L
5 6 Cross R over L, step L back turning ¼ R
7 8 Step R forward turning ¼ R, step L forward (12.00)

R Samba, L Samba, ½ pivot L, Full Turn L

1&2 Cross R over L, rock L to L side, recover onto R
3&4 Cross L over R, rock R to R side, recover onto L
5 6 Step R forward, pivot ½ L
7 8 Full turn L stepping R, L

Restart: Wall 3 after section 2 facing 6.00
