

Songs For You

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Steve Cavanaugh (USA) - November 2021
音樂: Songs For You - Brian Kelley : (Sunshine State of Mind)



Music available on iTunes and Amazon

Start dance 15 seconds into track, 16 counts from first strong beat

Pattern: 32, 32, 24, 32, 32, 32, 16 + ending

[1-8] WALK FWD, ROCK AND CROSS, 3/4 TURN L, LOCKSTEP FWD

1-2, 3&4 Step R Fwd, Step L Fwd, Rock R to Side, Recover L, Cross R Over L

5-6, 7&8 Turn 1/4 R Stepping L Back, Turn 1/2 R Stepping R Fwd, Step L Fwd, Step R Behind L, Step L Fwd

[9-16] ROCK FWD, LOCKSTEP BACK, ROCK BACK, 1/4 PIVOT WITH CROSS

1-2, 3&4 Rock R Fwd, Recover L, Step R Back, Step L Across R, Step R Back

5-6, 7&8 Rock L Back, Recover R, Step L Fwd, 1/4 Pivot R, Step L Across R

[17-24] SWAY R, L, BEHIND SIDE CROSS, SWAY L, R, ACROSS SIDE BEHIND

1-2, 3&4 Sway R, Sway L, Step R Behind L, Step L to Side, Step R Across L

5-6, 7&8 Sway L, Sway R, Step L Across R, Step R to Side, Step L Behind R

Restart here on 3rd rotation

[25-32] CROSS ROCK, 1/4 TURN, LOCKSTEP FWD, COASTER

1-4 Rock R Across L, Recover L, Step R to Side, Step L Beside R, Turn 1/4 R Step R Fwd

5-8 Rock L Fwd, Recover R, Step L Back, Close R to L, Step L Fwd

Ending. You will be facing 3 o'clock, Left Behind R. Step R Across, Step L with 1/4 turn left to faced the front.

Contact: steve@appleblossom.net
