

Twerk It

拍數: 32 牆數: 4 級數: Improver
編舞者: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - October 2021
音樂: Twerk It Like Miley (feat. Christopher) (Country version) - Brandon Beal



I. HEELS IN L-R, HEEL IN L 2X, CROSS, BACK, SIDE, DRAG AND HITCH

1&2& Heel L in, heel L out, heel R in, heel R out
3&4 Heel L in, out, in
5-6 Cross R over L, step L back
7-8 Large step R to side, drag L and hitch L

II. TOUCH, TOUCH, SIDE, CROSS, BACK, BACK, CROSS, BACK, BACK, PIVOT ¼ L

1&2 Point L to side, touch L beside R, step L to side
3&4 Cross R over L, step L back, step R back diagonal
5&6 Cross L over R, step R back, step L back diagonal
7-8 Step R forward, ¼ turn left step L in place (9.00)

#Restart here on wall 6

III. TURN, HITCH, SIDE, DIAGONAL JUMP R-L, FORWARD, HITCH, CHUGS (2x), CLOSE

1-2 ¼ Turn left step R forward ¾ spiral to left and hitch L, step L to side
3-4 Jump R to diagonal right and touch L beside R, jump L to diagonal left and touch R beside L
5-6 Rock R forward, recover on L and hitch R
7&8 Touch R heel forward, 1/8 turn right touch R heel forward, 1/8 turn right close R together (12.00)

IV. KICK BALL TOUCH, BODYWAVE, BEND KNEE, BEHIND, SIDE, FORWARD, ¼ L PIVOT

1&2 Kick L forward, step L in place, touch R to side
3-4 Body wave upper body to front, bend knee
5&6 Cross L behind R, step R to side, step L forward
7-8 Step R forward, ¼ turn left step L in place

Enjoy the dance!

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