

He's an Old Hippie

COPPER KNOB
BY STEPHEN WELLS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Georgie Mygrant (USA) - November 2021
音樂: Old Hippie - Bellamy Brothers



Intro: 16 *2 Tag's at the end of Wall 5 and Wall 8, for 8 c's

Lindy R, Rocking Chair L

1&2-3-4 Step R/L/R, rock back on L, Step fwd. on R
5-8 Step L fwd. Rock back on R, Rock back on L, return to R

Lindy L, Rocking Chair R

1&2-3-4 Step L/R/L, rock back on R, Step fwd. on L
5-8 Step R fwd. Rock back on L, rock back on R, return to L

Shuffle Fwd. R/L/R, L Fwd. Back R, Shuffle Back L/R/L, R Back, fwd. L

1&2-3-4 Step fwd. R/L/R, step fwd. on L, back on R
5&6-7-8 Step back L/R/L, step back on R, fwd. on L

Pivot ½ L, Jazz Box ¼ to R

1-4 Step fwd. R, turning ¼ L on Lf, Step fwd. R, turning ¼ L on L
5-8 Step R over L, step back on L turning ¼ to R, step on R, step on L

*Tag's at the end of wall 6 and 8 for 8 counts each

1-8 Step R fwd. Rock back on L, Rock back on R, return fwd. to L, Step R fwd. rock back on L,
Rock back on R, return to L

That's It! Happy Dancing! Enjoy! mygeo@adamswells.com

All my routines are based on AB or beginner dancers. No turning vines or spins, no tripping steps, just easy going moves. Routines that anybody can do. I feel that some of the beginner routines scare some of the new dancers off. This way, they can work into the routines easy and understand them better. A few of mine are a little fast, but should be easy for beginners once they feel comfortable with the steps. Georgie
