

拍數: 32 牆數: 4 級數: Improver
編舞者: Laura Turcaud (FR) - November 2021
音樂: Let it be Tonight - Ira Dean : (Album: Forever Words Expanded)



Intro : 8 counts

(1-8) Diagonal Step Fwd R, Scuff L, Diagonal Step L, Scuff R , Diagonal Step Fwd R, Scuff L, Step L, Bounce

1-2 R diagonally forward R, scuff L heel next to R
3-4 L diagonally forward L, scuff R heel next to L
5-6 R diagonally forward R, scuff L heel next to R
7&8 L to L, lift the heels (bend knees), lower heels

Restart : To the 5th wall (12H)

(9-16) Vine ¼ turn R, Hitch Jump L, ¼ turn R & Step L, Hitch Jump R, Step R, ¼ turn L & Hitch Jump L

1-2 R to R, cross L behind R
3-4 ¼ turn to R and R forward, raise L knee and hop on the spot 3H
5-6 ¼ turn to R and L to L, raise R knee and hop on the spot 6H
7-8 R to R, ¼ turn to L raise L knee and hop on the spot 3H

(17-24) ½ turn L & Step Fwd L, Hitch Jump R, Step Fwd R, Cross Point Back L, Step Back L, Heel Fwd R, Step R, Cross Point Back L

1-2 ½ turn to L and L forward, raise R knee and hop on the spot 9H
3-4 R forward, cross point L behind R
5-6 L back, R heel forward
7-8 Put R on the ground, cross point L behind R

(25-32) Step Back L, Kick R, « Behind, Side, Cross » R, Hold, ½ turn L

1-2 L back, R kick forward
3-4 Cross R behind L, L to L
5-6 Cross R forward L, hold
7-8 ½ turn to L 3H