

Do Better

拍數: 64 牆數: 2 級數: Intermediate Country
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音樂: Do Better - QUEEVA



***Restarts *** – restarts to 4th and 8th repetition -(wall 3 and 7 and 9 only 32 counts)

S1) KICK R.,HOOK R.,KICK R.,STOMP UP R.,SWIVEL R.

1 - 2 Step Right Forward And Kick Right , Hook Right Over Left
3 - 4 Step Right Forward And Kick Right , Stomp Up Right Beside Left
5 - 6 Swivel Right Foot To Right Side (Toe , Heel)
7 - 8 Swivel Right Foot To Left Side (Heel , Toe)

S2) SWIVET L&R, HEELS SPLIT R&L

1 - 2 Taking Weight Onto Left Heel And Right Toe Swivel Both Toes To Left Side - Return To Centre
3 - 4 Taking Weight Onto Right Heel And Left Toe Swivel Both Toes To Right Side - Return To Centre
5 - 6 Right Step On Toe On The Floor And Right Heel To Right Side , Return To Centre
7 - 8 Left Step On Toe On The Floor And Left Heel To Left Side , Return To Centre

S3) LOCK STEP R., STOMP UP L.,LOCK STEP BACK L.,STOMP UP R.

1 - 2 Step Right Forward , Lock Left Behind Right
3 - 4 Step Right Forward , Stomp Up Left Beside Right
5 - 6 Step Left Backward , Lock Right Over Left
7 - 8 Step Left Backward , Stomp Up Right Beside Left

S4) TURN ½ ROCK RECOVER, TURN ½ STEP R. , SCUFF LEFT , JAZZ BOX,SCUFF R.

1 - 2 Turn ½ (06:00) Step Right Forward , Return To Left And Taking Weight
3 - 4 Turn ½ (00:00) Step Right Forward , Scuff Left Beside Right
5 - 6 Cross Left Over Right , Step Right Backward
7 - 8 Step Left To Side , Scuff Right Beside Left

S5) WAVE R., STEP R.,STOMP UP L.,STEP L.,STOMP UP R.

1 - 2 Step Right Forward Diagonally To Right Side , Cross Behind Step Left
3 - 4 Step Right Backward Diagonally To Right Side , Cross Over Step Left
5 - 6 Step Right To Right Side , Stomp Up Left Beside Right
7 - 8 Step Left To Left Side , Stomp Up Right Beside Left

S6) TURN ¼ STEP R., STOMP UP L.,TURN ¼ STEP L.,SCUFF RIGHT,TURNS ½ TOES STRUTS

1 - 2 Turn ¼ (09:00) Step Right To Right Side , Stomp Up Left Beside Right
3 - 4 Turn ¼ (06:00) Step Left Forward , Scuff Right Beside Left
5 - 6 Turn ½ (00:00) Step Right Backward And Toe Strut , Drop Right Heel And Taking Weight
7 - 8 Turn ½ (06:00) Step Left Forward And Toe Strut , Drop Left Heel And Taking Weight

S7) ROCK RECOVER,TOE STRUT , TURN ½ ROCK RECOVER, TURN ½ STEP L. ,SCUFF R.

1 - 2 Step Right Forward , Return To Left
3 - 4 Step Right Backward And Toe Strut , Drop Right Heel And Taking Weight
5 - 6 Turn ½ (00:00) Step Left Forward , Return To Right
7 - 8 Turn ½ (06:00) Step Left Forward , Scuff Right Beside Left

S8) ROCK RECOVER , TOE STRUT ,COASTER STEP , STOMP R.

1 - 2 Step Right Forward , Return To Left

- 3 - 4 Step Right Backward And Toe Strut , Drop Right Heel And Taking Weight
 - 5 - 6 Step Left Backward , Step Right Beside Left
 - 7 - 8 Step Left Forward , Stomp Right Beside Left
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