

Heartbreak Anthem

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - November 2021
音樂: Heartbreak Anthem - Galantis, David Guetta & Little Mix : (Spotify / Amazon)



(Dance starts on lyrics)

[S1] Side Rock-&-Heel-Hold, &-Fwd Rock-&-Heel Switches

1 2& Rock R to the side, Replace weight on L, Step R next to L
3 4& Touch L heel forward, Hold, Step L together
5&6 Rock forward on R, Replace weight on L, Step R next to L
7&8 Touch L heel forward, Step L together, Tap R heel forward

[S2] Side Shuffle, Behind Rock, Rolling Vine L-Touch

1&2 Side shuffle to the right on R-L-R
3&4 Lock/step L behind R, Replace weight on R
5 6 Make a 1/4 turn left stepping forward on L, Make a 1/2 turn left stepping back on R
7 8 Make a 1/4 turn left stepping L to the side, Touch R toes beside L (12:00)

[S3] 1 and 1/4 Rolling Vine R-Touch, Full Back Roll L-Touch

1 2 Make a 1/4 turn right stepping forward on R, Make a 1/2 turn right stepping back on L
3 4 Make a 1/2 turn right stepping forward on R, Touch L toes beside R (3:00)
5 6 Make a 1/2 turn left stepping forward on L, Make a 1/2 turn left stepping back on R (3:00)
7 8 Step back on L, Touch R toes beside L

[S4] Out-Out-Heel Bounce, Fwd-Together-Heel Bounce, Back-Together-Heel Bounce, Step-Pivot 3/4L

&1&2 Step R out to the side, Step L out to the side, Bounce heels up (&)-down (2)
&3&4 Step forward on R, Step L together, Bounce heels up (&)-down (4)
&5&6 Step back on R, Step L together, Bounce heels up (&)-down (6)
7 8 Step forward on R, Make a 3/4 turn left recover weight on L** (6:00)

[S5] 2x Side-Behind Rock-Side-Point (with Body Torque), Step-1/4L

1&2 Step R to the side, Rock L behind R (4:30), Replace weight on R (6:00)
&3 Step L to the side, Point R toes to the right corner (7:30)
4&5 Step R to the side (6:00), Rock L behind R (4:30), Replace weight on R (6:00)
&6 Step L to the side, Point R toes to the right corner (7:30)
7 8 Step/dip R to the side (6:00), Make a 1/4 turn left weight ends on R as you stretch up (3:00)

[S6] 2x Side-Behind Rock-Side-Point (with Body Torque), Step-1/2R

1&2 Step L to the side, Rock R behind L (4:30), Replace weight on L (3:00)
&3 Step R to the side, Point L toes to the left corner (1:30)
4&5 Step L to the side (3:00), Rock R behind L (4:30), Replace weight on L (3:00)
&6 Step R to the side, Point L toes to the left corner (1:30)
7 8 Step forward on L (3:00), Make a 1/2 turn right putting weight on L (9:00)

[S7] Full Turn Fwd into Walk-Walk, Sway-Sway, Behind-1/4L-1/4L

1 2 Step down/forward on R, Make a 1/2 turn right stepping back on L
3 4 Make a 1/2 turn right stepping forward on R, Step forward on L (9:00)
5 6 Step R to the side/sway to the right, Sway to the left
7&8 Step R behind L, Make a 1/4 turn left stepping forward on L, Make a 1/4 turn left stepping R to the side (3:00)

[S8] Behind Rock, Sway-Sway, 1/4R-1/2R-1/2R-Point

- 1 2 Rock L behind R, Replace weight on R
- 3 4 Step L to the side/sway to the left, Sway to the right (prep for pushing back 1/4L turn)
- 5 6 Make a 1/4 turn right stepping back on L, Make a 1/2 turn right stepping forward on R (12:00)
- 7 8 Make a 1/2 turn right stepping back on L, Point R toes forward (6:00)

Restart on Wall 3 count 32 (6:00)**

The dance finishes at 12:00 o'clock.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 3/Nov/21)
