

Like I Can

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - November 2021
音樂: Like I Can - Sam Smith : (Spotify)



(Intro: 32 counts) #1st Tag: 8 count, 2nd Tag: 16 count, 3rd Tag: 4 count

[S1] Cross-Full Unwind, Side, Back Rock, 1/4L-1/4L-1/2L-1/2L-Ball

1 2 Cross R over L, Unwind full turn left taking weight onto R (weight ends on R)
3 4& Step L to the side, Rock back on R, Replace weight on L
5 6 Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping forward on L (6:00)
7 8& Make a 1/2 turn left stepping back on R, Make a 1/4 turn left stepping (rock) forward on L,
Ball step R close to L (6:00)

[S2] Fwd w/ Lift-Swing Turn 1/2R, Fwd Rock-1/4L Side Rock, Behind-1/4R-Step-Pivot 1/4R

1 2 3 Step forward on L/lift R forward, Make a 1/2 turn right on ball of L swinging R foot forward,
Step forward on R (12:00)
4& Rock forward on L, Replace weight on R
5 6 Making a 1/4 turn left rock L to the left, Replace weight on R (9:00)
7& Step L behind R, Make a 1/4 turn right stepping forward on R (12:00)
8& Step forward on L, Making a 1/4 turn right recover weight on R (3:00)

[S3] Box 1/4L Turn into Anchor-Point, Back, Anchor Step-Point

1 2 Cross L over R, Make a 1/4 turn left stepping back on R (12:00)
3 4& Step L to the side, Cross R over L, Step weight back on L
5 6& Point R to the right, Step back on R, Cross L over R
7 8 Step weight back on R, Point L to the left

[S4] Back Rock-1/4R, Back Rock-1/2L w/ Sweep, Behind-1/4R-1/2R-1/4R Side Rock

1&2 Rock back on L, Replace weight on R, Make a 1/4 turn right stepping back on L (3:00)
3&4 Rock back on R, Replace weight on L, Make a 1/2 turn left stepping back on R sweeping L
around R (9:00)
5 6 Step L behind R, Make a 1/4 turn right stepping forward on R (12:00)
7 8& Make a 1/2 turn right stepping back on L, Making a 1/4 turn right rock R to the side, Replace
weight on L (9:00)

*1st Tag (8 counts): End of Wall 2 (6:00)

[S1] Cross-1/2L Unwind, Coaster Step, Dorothy Step, 1/2R-Side Rock

1 2 Cross R over L, Unwind 1/2 turn left taking weight onto R (weight ends on R) (12:00)
3&4 Step back on L, Step R next to L, Step forward on L
5 6& Step diagonally forward on R, Lock/step L behind R, Step forward on R
7 8& Make a 1/2 turn right stepping back on L, Rock R to the side, Replace weight on L (6:00)

**2st Tag (16 counts): End of Wall 4 (12:00) - 1st Tag plus 8 Counts

[S1] Cross-1/2L Unwind, Coaster Step, Dorothy Step, 1/2R-Side Rock

1 2 Cross R over L, Unwind 1/2 turn left taking weight onto R (weight ends on R) (6:00)
3&4 Step back on L, Step R next to L, Step forward on L
5 6& Step diagonally forward on R, Lock/step L behind R, Step forward on R
7 8& Make a 1/2 turn right stepping back on L, Rock R to the side, Replace weight on L (12:00)

[S2] Cross Rock, 1/4R-Step-Pivot 3/4R-Side-Behind-Side

1 2 Rock R over L, Replace weight on L
3 4 Make a 1/4 turn right stepping forward on R, Step forward on L (3:00)

5 6 Make a 3/4 turn right recover weight on R, Step L to the side (12:00)
7 8 Step R behind L, Step L to the side

*****3rd Tag (4 counts): End of Wall 5 (9:00) - Cross Rock, Side Rock**

1 2 3 4 Rock R over L, Replace weight on L, Rock R to the side, Replace weight on L

At the end of the last wall (wall 6 -starts facing 9:00, finishes facing 6:00), add 2nd Tag (16 counts) then, Cross R over L, Unwind 1/2 turn left to the front.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 3/Nov/21)**
