Thanks a Lot



拍數: 32 牆數: 0 級數: Beginner Contra 編舞者: Marina Krüger (DE) & Angela Bartsch (DE) - November 2021

音樂: Thanks A Lot - Robert Mizzell



START IN 2 CIRCLES (IN & OUT), FACE TO FACE!

[1-8] R/L Heel, Toe, Chasse

1.2	RF Heel touch forward (clap in time), toe touch backwards (clap in time)
1.4	THE FIGURE TO WATCH COMPILED FOR THE FIRST PACKWAIDS (CIAD III LIIIIE)

3 & 4 RF Step side, LF close on RF, RF Step to the Side

5, 6 LF Heel touch forward (clap in time), toe touch backwards (clap in time)

7 & 8 LF Step to the Side, RF close on LF, LF Step to the Side

[9-16] Shuffle twice forward (between 2 persons on the other side of circle), Jazzbox 1/4 turn right

1 & 2	RF Step forward, LF close beside RF , RF Step forward
3 & 4	LF Step forward, RF close beside LF, LF Step forward

5,6,7,8 RF Jazzbox ¼ turn right

[17 - 24] Lockstep twice forward, Jazzbox 1/4 turn right

1 & 2	RF Step forward, LF cross behind RF , RF Step forward
3 & 4	LF Step forward, RF cross behind LF, LF Step forward
5070	DE 1 1/1 1/1

5,6,7,8 RF Jazzbox ¼ turn right

[25-32] R/ L /R Shuffle in circles (with your partner on the other side, with touch hands if you like) , Coasterstep

1 & 2	RF Start with the shuffle circle around your partner
3 & 4	LF Shuffle turn around your partner
5 & 6	RF Shuffle turn around your partner
7 & 8	LF 1/4 turn Coasterstep (Ending to the start with shuffle circles)

And start again