

My Heart EZ Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Header Kim (KOR) - November 2021
音樂: Un-break my heart (Igor Frank Remix) - Toni Braxton



NOTE: Intro 32 count, 1 Tag, 1 Restart

* Tag - 5 wall 32 count after 4 count (3:00)

* Restart - 6 wall (3:00)

Sec 1: Cross, Recover, Cha Cha R - L

1 - 2 RF cross rock LF over to L, Recover weight on LF
3 & 4 Step RF to R side, Step LF close next to RF, Step RF to R
5 - 6 LF cross rock RF over to R, Recover weight on RF
7 & 8 Step LF to L side, Step RF close next to LF, Step LF to L

Sec 2: RF FWD, Recover, Back Cha Cha, LF Back Rock, Recover, FWD Cha Cha

1 - 2 Step RF forward rock, Recover weight on LF
3 & 4 Step RF backwards, LF step back close over RF knee, Step RF backwards
5 - 6 Step LF back rock, Recover weight on RF
7 & 8 Step LF forward, RF forward close behind LF knee, Step LF forward

Sec 3: Cha Cha Rumbabox

1 - 2 Step RF to R side, LF next to RF
3 & 4 Step RF forward, LF forward close behind RF knee, Step RF forward
5 - 6 Step LF to L side, RF next to LF
7 & 8 Step LF backward, RF back close over LF knee, Step LF backward

Sec 4: Sway R - L - R - L, Pivot L 1/2 Turn, Pivot L 1/4 Turn

1 2 3 4 Step RF to R side with hip sway R, L, R, L
5 - 6 Step RF forward, Pivot 1/2 turn to L (6:00)
7 - 8 Step RF forward, Pivot 1/4 turn to L (3:00)

* Tag (4 counts) - 5th wall, after 32 counts (facing 3:00)

Sway R - L - R - L

1 2 3 4 Hip sway R, L, R, L

Hope you enjoy dance!

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