

# EZ On Me

拍數: 16      牆數: 4      級數: Beginner NC  
編舞者: Julie Snailham (ES) - October 2021  
音樂: Easy On Me - Adele



## #16 COUNT INTRO

\*1 RESTART - DURING WALL 3 DANCE SECTION 1 WEIGHT WILL BE FWD ON L RESTART FACING 3.00

\*\*2 TAGS - END OF WALLS 8 & 12 & -  
SWAY R-L-R-L (FACING 6)

1-2                Swaying hips R - L

3-4                Swaying hips R - L

\*\*\*\*\*

**S: 1- BASIC R, SIDE BEHIND, SIDE, CROSS ROCK RECOVER, CROSS ROCK RECOVER ¼ L**

1,2&                Step R long step R side, rock back on L (slightly behind R), recover on R

3,4&                Step L to L side, step R behind L, step L to L side

5-6                Cross rock R over L, recover on L

&7                 Step R to R side, cross rock L over R

8&                 Recover on R, ¼ turn L stepping fwd on L

**S: 2- STEP PIVOT ½ L, PRISSY STEPS, ROCK FWD, RECOVER, STEP BACK DRAGGING L TO R, COASTER CROSS**

1-2                Step fwd R, slow pivot ½ L (weight on L)

3-4                Step fwd on R cross over L (slightly hitching R), step fwd on L (slightly hitching L) cross over R

5&6                Rock fwd on R, recover on L, step back on R (large step)

7&8                Dragging L back step back L, step R back, cross L over R

**Last Wall Facing 12 Dance Upto And Including S: 2**

**Counts 1-2, Turn 1/4 Left Into A Right Chasse, Rock Back Left Recover Right, Step Fwd Left, Step Fwd Right**

Thank you for looking/teaching my dance

Any queries/questions please contact me at [snailham56@yahoo.co.uk](mailto:snailham56@yahoo.co.uk) or via facebook

Last Update - 3 Nov. 2021