Attenti Al Lupo

拍數: 40

級數: High Beginner

牆數: 4 編舞者: Swany (INA) & Lim Riky (INA) - November 2021

音樂: Attenti Al Lupo - Lucio Dalla

Intro - 56 counts, Start at 33" (During Intro: Sway Right, Left with hands swing from Right to the Left) First Restart on Wall 1 (3:00) after 32 Counts Second Restart on Wall 4 (6:00) after 16 Counts Tag (4 Counts) after Wall 3 (9:00) & Wall 7 (3:00)

R Side Step, R Chasse, Cross Rock, Recover, L Chasse

- 1 2 Step RF to right side, Step LF next to RF.
- 3 & 4 Step RF to right side, Step LF next to RF, Step RF to right side.
- 5 6 Cross LF over RF, Recover on RF.
- 7 & 8 Step LF to left side Step RF next to LF, Step LF to left side.

Lock Step, Forward Shuffle, Lock Step Turn 1/4 Left, Forward Shuffle

- 1 2 Step RF forward, Step LF behind RF.
- 3&4 Step RF forward, Step LF behind RF, Step RF forward.
- 5 6 Step LF ¼ left (9:00), Step RF behind LF.
- 7 & 8 Step LF forward, Step Step RF behind LF, Step LF forward.

(Restart Here on Wall 4 (6:00))

Forward Mambo, Back Mambo, Right Chasse, ¹/₄ Turn Left Chasse

- 1&2 Step RF forward, LF Recover, Step RF together.
- 3&4 Step LF back, RF recover, Step LF together.
- 5&6 Step RF to right side, Step LF next to RF, Step RF to right side.
- Turn ¼ left Step LF to left side Step RF next to LF, Step LF to left side.(6:00) 7 & 8

Right, Left, Right Shuffle, Turn ¼ Left, Right, Left Shuffle

- 1 2 Step RF out, Step LF out
- 3&4 Step RF to right, Step LF behind RF, Step RF to right.
- 5 6 Turn ¼ left Step LF out, Step RF out. (3:00)
- 7 & 8 Step LF to left, Step RF behind LF, Step LF to left.

(Restart Here on Wall 1 (3:00))

Botafogo, Jazz box

- 1&2 Cross RF over LF, Rock LF to left, Recover on RF.
- 3 & 4 Cross LF over RF, Rock RF to right, Recover on LF.
- 5, 6, 7, 8 Cross RF over LF, step LF back, Step RF to right, Step LF forward.

TAG - At the end of Wall 3 (9:00) & Wall 7 (3:00)

Sway Right, Left, Right, Left with hands swing

- 1 2 Sway to right, Sway to left with hands swing
- 3 4 Sway to right, Sway to left with hands swing

Have Fun and Enjoy

Contact: riky.linedance@gmail.com

