

Anoman Obong Uld 13

COPPER KNOB
BY STEPHEN

拍數: 96 牆數: 1 級數: Phrased Intermediate
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音樂: Hip Hop Aselole Anoman Obong Banyu Segara



intro : 16 Count

Sequence : A A , B B , C C , B B , A A A A , C C , Ending

PART A: 32c

#A1 FORWARD - HITCH (R-L) JAZZ BOX TURN

1 - 2 Step R forward, L knee up weight on R
3 - 4 Step L forward, R knee up weight on L
5 - 6 Cross R over L, 1/4 Turn right step L back
7 - 8 Step R to side, Step L forward

#A2. FORWARD - HOLD - 1/2 TURN LEFT - HOLD - FORWARD - TOUCH - BACK - TOUCH

1 - 2 Step R forward, hold
3 - 4 1/2 Turn Left recover on L, hold
5-6 Step R forward, touch L beside R
7-8 Step L backward, touch R beside L

#A3. FORWARD - TOGETHER - 1/4 TURN R SIDE - TOUCH - HIP BUMPS

1234 Step R forward, step L next to R, 1/4 Turn right Step R to side, touch L beside R
5678 Hip up on L, dropped down on L, Hip up on L, dropped down on L

#A4. VINE - HIP BUMPS

1235 Step L to side, Cross R behind L, Step L to side, Touch R beside L
5678 Hip up on R, dropped down on R, Hip up on R, dropped down on R

PART B: 32c

#B1. 1/4 TURN RIGHT WALK - HITCH - TURN LEFT WALK - HITCH*

1-2 1/4 Turn right (03.00) step R, L forward
3-4 1/4 Turn left step R to side, knee up onto L (body angle 10.30) weight onto R
5-6 1/8 Turn left (09.00) step forward L, R
7-8 1/4 turn right step L to side, knee up onto R (body angle 13.30) weight onto L

#B2. 1/8 TURN RIGHT STEP FORWARD - TOUCH SIDE - 1/4 TURN RIGHT STEP FORWARD - TOUCH SIDE

1-2 1/8 Turn right (03.00) step R forward, touch L to side
3-4 Step L forward, touch R to side
5-6 1/4 Turn right(06.00) step R forward, touch L to side
7-8 Step L forward, touch R to side

#B3. FORWARD - HITCH - BACK - TOUCH

1-2 Step R forward, knee up onto L
3-4 Step L backward, touch R beside L
5-6 Step R forward, knee up onto L
7-8 Step L backward, touch R beside L

#B4. V STEP - TOUCH FORWARD - HIP ROLL

1-2 Step R out, step L out

- 3-4 Step R back to center, step L back to center
- 5-6 Touch R forward, hold
- 7-8 hip roll counter clockwise

PART C: 32c

#C1. TOUCH FORWARD (R-L) - ROCKING CHAIR

- 1 - 2 Touch R Forward, Step R in place
- 3 - 4 Touch L Forward, Step L in place
- 5 - 6 Rock forward R, recover on L
- 7 - 8 Rock back R, recover on L

#C2. SIDE - CLOSE - SIDE - TOUCH - SIDE - TOUCH - SIDE - TOUCH

- 1 - 4 Step R to side, close L next to R, Step R to side, Touch L beside R.
- 5 - 8 Step L to side, Touch R beside L, Step R to side, Touch L beside R

#C3. SIDE - CLOSE - SIDE - TURN 1/2 LEFT HITCH - SIDE - CLOSE - SIDE

- 1 - 2 Step L to side, close R next to L
- 3 - 4 Step L to side, 1/2 turn left while hitch R
- 5 - 6 Step R to side, close L next to R
- 7 - 8 Step R to side, touch L beside R

#C4. PEDDLE TURN - JAZZ BOX

- 1 - 4 Step L forward, ¼ turn right on to R - Step L forward, ¼ turn right on to R
- 5 - 8 Cross L over R, Step R back, Step L to side, Touch R beside L

Ending : 40c

I. ROCKING CHAIR R / L

- 1&2& Rock R forward, Recover on L, Rock R back, Recover on L
- 3&4 Rock R forward, Recover on L, Close R next to L
- 5&6& Rock L forward, Recover on R, Rock L back, Recover on R
- 7&8 Rock L forward, Recover on R, Close L next to R

II. VOLTA TURN FULL TURN RIGHT -VOLTA TURN FULL TURN LEFT

- 1&2& 1/4 Turn right step R forward, ball step L beside R, 1/4 turn right step R forward, ball step L beside R
- 3&4 1/4 Turn right step R forward, ball step L beside R, 1/4 turn right step R forward
- 5&6& 1/4 Turn left step L forward, ball step R beside L, 1/4 turn left step L forward
- 7&8 1/4 Turn left step L forward, ball step R beside L, 1/4 turn left step L forward

III. (ROCK CROSS - SLIDE TO SIDE - HOLD) R / L

- 1 2 Cross R over L, Recover on L
- 3 4 Step R slide to side, step R hold
- 5 6 Cross L cross over R, Recover on R
- 7 8 Step L slide to side, step L hold

IV. (FORWARD - HOLD - TURN 1/2 - HOLD) 2 x

- 1 2 Step R forward, hold
- 3 4 1/2 Turn left step L In place, hold
- 5 6 Step R forward, hold
- 7 8 1/2 Turn left step L In place, hold

V. UNWIND FULL TURN

- 1- 8 Cross R over L full turn (weight on L)

