

Ride Ride Ride

拍數: 32 牆數: 4 級數: Improver
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - November 2021
音樂: If Wishes Were Horses - Kimber Clayton



Starting Position: Weight on LF facing 12:00 wall.

[1-8] POLKA FWD R AND L, POLKA BACK R AND L

1&2 Step RF FWD (1), slide LF to RF (&), step RF FWD (2)
3&4 Step LF FWD (3), slide RF to LF (&), step LF FWD (4)
5&6 Step RF back (5), slide LF to RF (&), step RF back (6)
7&8 Step LF back (3), slide RF to LF (&), step LF back (4)

[9-16] COASTER, HIP SWINGS, SIDE, CLOSE, STEP ¼ L

1&2 Step RF back (1), slide LF beside RF (&), step RF FWD (2)
3-4 Step LF to L and swing hips L (3), transfer weight to RF in place and swing hips R (4)
5-6 Transfer weight to LF in place and swing hips L (5), transfer weight to RF in place and swing hips R (6)
7&8 Transfer weight to LF in place (7), slide RF to LF (&), turn ¼ L and step LF FWD (8)

[17-24] STEP FWD, PIVOT ½ L, ½ TURN TRIPLE L, SAILOR STEP, BOTAFOGO (CROSS, WEIGHED POINT, REPLACE)

1-2 Step RF FWD (1), pivot ½ L and transfer weight to LF (2)
3&4 Turn ¼ L and step RF to R (3), slide LF to RF (&), turn ¼ L and step back on RF (4)
5&6 Sweep LF behind RF (5), slide RF to LF (&), fall step L on LF (6)
7&8 Cross RF over LF (7), point LF toe to L with weight (&), push off with LF and step on RF in place (8)

[25-32] BOTAFOGO, VOLTA L, ½ TURN, VOLTA R, HIP SWINGS

1&2 Cross LF over RF (7), point RF toe to R with weight (&), push off with RF and step on LF in place (8)
3& Volta L: cross RF over LF (3), slide LF to L to heel of RF (&)
4& Cross RF over LF (4), rise up on ball of RF and turn ½ L and hitch L knee (&)
5&6 Volta R: cross LF over RF (5), slide RF to heel of LF (&), cross LF over RF (6)
7-8 Step RF to R and swing hips R (7), transfer weight to LF and swing hips L (8)

START OVER

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