

Sway in the Wind

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Easy Intermediate Rise & Fall waltz
編舞者: Vincent AI (INA) & Deana (INA) - October 2021
音樂: Piao Yao (飄搖) - Zhou Xun (周迅)



Start dancing after 24 counts since the music begun.

I. CHAINED TURN TO RIGHT - TWINKLE

- 1-2-3 turn $\frac{1}{4}$ to right then R step forward(03.00), turn $\frac{1}{2}$ to right then L step backward(09.00), turn $\frac{1}{4}$ to right then R step to right side(12.00)
4-5-6 turn $\frac{1}{8}$ to right then L step forward(01.30), turn $\frac{1}{8}$ to left then R step to right side(12.00), recover to L

I. VINE - ROLLING VINE

- 1-2-3 turn $\frac{1}{8}$ to left then R step forward(10.30), turn $\frac{1}{8}$ to right then L step to left side(12.00), turn $\frac{1}{8}$ to right then R step backward(01.30)
4-5-6 turn $\frac{3}{8}$ to left then L step forward(09.00), turn $\frac{1}{2}$ to left then R step backward(03.00), turn $\frac{1}{4}$ to left then L step to left side(12.00)

III. FORWARD LUNGE - RECOVER - OPEN - TWINKLE

- 1-2-3 turn $\frac{1}{8}$ to left then R make a big step forward with bending forward on knee(10.30), recover to L, turn $\frac{1}{8}$ to right then R step to right side(12.00)
4-5-6 turn $\frac{1}{8}$ to right then L step forward(01.30), turn $\frac{1}{8}$ to left then R step to right side(12.00), recover to L

IV. TURN $\frac{1}{2}$ TWINKLE - FORWARD STEP - TURN $\frac{1}{2}$ BACKWARD CHASSE

- 1-2-3 turn $\frac{1}{8}$ to left then R step forward(10.30), turn $\frac{1}{8}$ to right then L step to left side(12.00), turn $\frac{1}{2}$ to right then R step forward(06.00) while upper body turned $\frac{1}{4}$ to left (facing 03.00)
4-5-6 L step forward to 03.00, turn $\frac{1}{2}$ to left then R step backward(09.00), L locked in front of R, R step backward

V. TURN $\frac{1}{4}$ - LUNGE TO SIDE - HOLD - SWAY

- 1-2-3 turn $\frac{1}{4}$ to left then L make a big step to left side with bending down on knee(06.00), hold for 2(two) counts while upper body turn $\frac{1}{8}$ to left slowly

****Restart here**

- 4-5-6 recover to right with sway action on upper body, recover to L with sway action on upper body, recover to R with sway action on upper body

VI. TWINKLE - TWINKLE

- 1-2-3 turn $\frac{1}{8}$ to right then R step forward(07.30), turn $\frac{1}{8}$ to left then R step to right side(06.00), recover to L
4-5-6 turn $\frac{1}{8}$ to left then R step forward(04.30), turn $\frac{1}{8}$ to right then L step to left side(06.00), recover to R

VII. FORWARD STEP - TRANCE TURN - FORWARD WALK - TURN $\frac{1}{2}$ RONDE - HITCH

- 1-2-3 L step forward, R step forward, turn $\frac{1}{2}$ to left then L step close to R(12.00)
4-5-6 R step forward, L step forward then make a $\frac{1}{2}$ (half) turn ronde to left on R(06.00), R hitch forward

VIII. SCISSOR STEP - FORWARD STEP - FORWARD KICK - SIDE TOUCH

- 1-2-3 R make a big step to right side with bending down on knee, L drag close to R, turn $\frac{1}{8}$ to left then R step forward(04.30)
4-5-6 L step forward, R kick forward, R touch to right side on ball

TAG: 3 Counts

After Wall 1, Wall 2, Wall 5 and Wall 6.

I. UNWIND

1-2-3 Step on R, make a full turn to right on R, L step close to R

RESTART: On Wall 4

On wall 4, dance normally from Count 1 (Session 1) to Count 27 (Session 5, Count: 1-2-3) then RESTART the dance as Wall 5.

ENJOY THE DANCE

For more informations, please contact me on: Vincent AI : aldb75@gmail.com

Last Update - 1 Nov. 2021
