

Mampukah Aku

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Yayang (INA) - October 2021
音樂: Mampukah Aku - ATM



Sequence : 20, 20, 32, 12, 20, 20, 32, 14, 32, 32, 32
Intro: 24 count

SECTION 1: DIAMOND

1 2& Step RF to R side, turn 1/8 L stepping LF back (10.30), step RF back
3 4& turn 1/8 L stepping LF to L side (09.00), forward RF diagonal (07.30), forward LF diagonal
5 6& turn 1/8 L stepping RF to R side (06.00), turn 1/8 L stepping LF back (4.30), step RF back
7 8& turn 1/8 L stepping LF to L side (03.00), forward diagonal RF (01.30), step LF forward diagonal

SECTION 2: NIGHT CLUB, SAILOR STEP 1/2 TURN R, WEAVE WITH SWEEP 2X, SWEEP BACK

1 Step RF to R side (12.00)
2 & 3 Rock LF back, recover onto RF, turn R 1/2 step LF back, sweeping RF to back (06.00)
4 & 5 Cross RF behind LF, step LF to L side, step RF forward sweeping LF back to front.
6&7 8 Cross LF over RF, step RF to R side, step LF back sweeping RF front to back, cross RF behind LF sweeping LF front to back.

SECTION 3: BACKWARD, COASTER STEP, PIVOT, FULL TURN, NIGHT CLUB.

1 Step LF back forward behind RF
2 & 3 Step RF back forward, LF together, step RF forward.
4 & 5 Step forward LF, turn 1/2 R, forward LF.
6 & 7 turn 1/2 L stepping RF back, turn 1/2 L step LF forward, step RF to R side.
8& Rock back LF, recover onto RF.

SECTION 4: NIGHT CLUB, FORWARD, PIVOT, SYNCOPAIDE

1 Step LF to L side
2 & 3 Rock back RF, recover onto LF, step forward RF
4 & 5 Step LF forward, turn R 1/2, Step LF forward.
6&7&8& Side RF to R side, Rock cross LF behind RF, recover onto RF, step LF to L side, rock cross RF behind LF, recover onto LF.

Restarts :-

Wall 1, 2, 5, 6 : 20 count

Wall 4 : 12 count

Wall 8 : 14 count

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