Don't You Bother

拍數: 32

牆數:4

級數: Low Intermediate

編舞者: Malene Jakobsen (DK) & Lennart Gustavsson (SWE) - October 2021

音樂: One Dance, One Rose, One Kiss - The Refreshments : (Album: Very Best of The Refreshments, iTunes)

Intro: 8 counts, 6 seconds into track, dance begins with weight on L Restart: There are 2 Restarts both after 16 counts, one on wall 3 facing 6.00 and one on wall 6 facing 12.00

[1-8] Out, out, swivel, sailor 1/4, walk walk

1-2	(1) Step out on R, (2) step out on L 12.00
3&4	(3&4) Swivel left heels, toes, heels 12.00
5&6	(5) Cross R behind L, (&) turn 1/4 R stepping L to L, (6) step R to R 3.00
7-8	(7-8) Walk fwd. L, R

[9-16] Mambo 1/2, 1/2, side, 1/4 diamond pattern

1&2 (1) Rock fwd. on L, (&) recover onto R, (2) turn 1/2 L stepping fwd. on L 9.00

- 3-4 (3) Turn 1/2 L stepping back on R, (4) step L to L 3.00
- 5&6 (5) Cross R over L, (&) step L to L, (6) cross R slightly behind L turning 1/8 R 4.30
- 7&8 (7) Step back on L (&) turn 1/8 R stepping R to R, (8) step fwd. on L 6.00

NOTE: Restart here on wall 3 facing 6.00 and on wall 6 facing 12.00

[17-24] Fwd. rock, recover with sweep, behind, 1/4, fwd., fwd. coaster, walk back

- 1-2 (1) Rock forward on R, (2) recover onto L sweeping R from front to back 6.00
- 3&4 (3) Cross R behind L, (&) turn 1/4 stepping fwd. on L, (4) step fwd. on R 3.00
- 5&6 (5) Step fwd. on L, (&) step R next to L, (6) step back on L 3.00
- 7-8 (7-8) Walk back R, L

[25-32] Coaster cross, Monterey 3/4, point & point, ball, stomp, stomp, clap clap

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1&2		(1) Step back	on R,	(&) step	L next to R, ((2) cross	R ove	er L 3	.00	

- 3-4 (3) Point L to L, (4) on ball of R make 3/4 turn L stepping L next to R 6.00
- 5&6& (5) Point R to R, (&) step R next to L, (6) point L to L, (&) step L next to R 6.00
- 7& (7) Stomp fwd. on R, (&) stomp fwd. on L 6.00
- 8& (8&) Clap hands twice

Ending: After having danced the last wall (wall 10) repeat the last half of section 4 (counts 5&6&7&8)

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