

My World's Been Better

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Improver
編舞者: Janet Kearney (USA) - October 2021
音樂: Since You've Been in It - Dillon Carmichael : (iTunes and Amazon Music)



Intro: 24 counts (Dance begins when he says "ON") - 1 RESTART

(1 - 8) GRAPEVINE R, TOUCH, ROLLING GRAPEVINE, TOUCH

1 - 4 Step R to R side, Step L behind R, Step R to R side, Touch L next to R
5 - 8 Turn ¼ turn L stepping L forward (9:00), Turn ¼ turn L stepping R forward (6:00), Turn ½ turn L stepping L forward (12:00), Touch R next to L

*** WALL 3 - Complete 8 counts of dance and restart the dance here.**

(9 - 16) HEEL SWITCHES, FLICK WITH ¼ TURN LEFT

1 - 4 Present R heel forward, Recover R center, Present L heel forward, Recover L center
5 & 6 & Present R heel forward, Recover R center, Present L heel forward, Recover L center
7 - 8 Present R heel forward, Flick R heel back while making ¼ turn to L (9:00)

(17 - 24) SHUFFLE R, ROCK L BACK, SHUFFLE L, ROCK R BACK

1 & 2 Shuffle R-L-R
3 - 4 Rock L back, Recover R center
5 & 6 Shuffle L-R-L
7 - 8 Rock R back, Recover L center

(25 - 32) PIVOT ¼ TURN L 2Xs, JAZZ BOX CROSS

1 - 4 Step R forward, Pivot L ¼ turn (6:00), Step R forward, Pivot L ¼ turn (3:00)
5 - 8 Cross R in front of L, Step L back, Step R to the side, Step L slightly in front of R

(33 - 40) HEEL JACK R, HEEL JACK L

1 - 2 Step R to R side, Step L behind R
& 3 & 4 Step R slightly back, Touch L heel forward, Step L foot next to R, Cross R in front of L
5 - 6 Step L to L side, Step R behind L
& 7 & 8 Step L slightly back, Touch R heel forward, Step R foot next to L, Cross L in front of R

(41 - 48) MONTEREY ¼ TURN R, PIVOT ½ TURN L 2Xs

1 - 4 Point R to R Side, Step R next to L with ¼ Turn R (6:00), Point L to L Side, Step L Next to R
5 - 8 Step R forward, Pivot L ½ turn (12:00), Step R forward, Pivot L ½ turn (6:00)

Repeat and smile!

Hope you enjoy this dance and I hope to see you on the floor!
LiveLoveLaughLineDance IG @barndancerj barndancerj@gmail.com

October 21, 2021