

Beggin'

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - October 2021
音樂: Beggin - Måneskin : (Spotify)



(Intro: 16 counts after the beat kicks in)

[S1] Kick-Kick-&Side-Hold, &Side Rock, Cross Shuffle

1 2& Kick R across over L, Kick R diagonally forward, Step R slightly behind L
3 4 Step L to the side, Hold
&5 6 Step R next to L, Rock L to the side, Replace weight on R
7&8 Cross L over R, Step R close to L, Cross L over R

[S2] 1/4R-1/2R-1/2R Fwd Shuffle, 1/2R-Double Heel, Coaster Step

1 2 Make a 1/4 turn right stepping forward on R, Make a 1/2 turn right stepping back on L (9:00)
3&4 Make a 1/2 turn right shuffle forward on R-L-R (3:00)
&5 6 Make a swift 1/2 turn right stepping back on L (&), Tap R heel forward twice (5 6) (9:00)
7&8 Step back on R, Step L next to R, Step forward on R

[S3] Fwd-1/4L Back-Lock-Back, 1/2L-1/4L Paddle Turn, Cross-Hinge 1/2R Turn

1 Step forward on L
2&3 Make a 1/4 turn left stepping back on R, Step/lock L over R, Step back on R (6:00)
4&5 Make a 1/2 turn right stepping forward on L, Step forward on R, Make a 1/2 turn left stepping back on L (9:00)
6 7 8 Cross R over L, Make a 1/4 turn right stepping back on L, Make a 1/2 turn right stepping R to the side (3:00)

[S4] 2x (Kick-&Tap), Kick-&Double Tap-Ball-1/4L Twist

1&2 Kick L forward, Step diagonally forward on L, Tap R toes behind L
3&4 Kick R forward, Step diagonally forward on R, Tap L toes behind R
5&6 7 Kick L forward (5), Step diagonally forward on L (6), Tap R toes behind L twice (6 7)
&8 Ball step L in place, 1/4L body twist/cross L over R*** (12:00)

[S5] 3 Stomps-Behind Rock, 3 Stomps-Touch Unwind 1/2R

1&2 Stomp 3 times on the spot R-L-R
3 4 Rock L behind R, Replace weight on R
5&6 Stomp 3 times on the spot L-R-L
7 8 Touch R toes behind L, Make a 1/2R unwind turn weight ends on L (6:00)

[S6] Side Rock, Point Front-Side-In-Side, Behind-Side-Cross

1 2 Rock R to the side, Replace weight on L
3 4 Point R toes forward, Point R toes to the right
5 6 Touch R toes next to L, Point R toes to the right
7&8 Step R behind L, Step L to the side, Cross R over L**

[S7] 3 Stomps-Behind Rock, 3 Stomps-Touch Unwind 1/2L

1&2 Stomp 3 times on the spot L-R-L
3 4 Rock R behind L, Replace weight on L
5&6 Stomp 3 times on the spot R-L-R
7 8 Touch L toes behind R, Make a 1/2L unwind turn stepping down on L (12:00)

[S8] Fwd Rock-1/2R-1/4R, Back Rock, Step-Pivot 1/2L

1 2 Rock forward on R, Replace weight on L

- 3 4 Make a 1/2 turn right stepping forward on R, Make a 1/4 turn right stepping L to the side
(9:00)
- 5 6 Rock back on R, Replace eight on L
- 7 8 Step forward on R, Make a 1/2 turn left replace weight on L (3:00)

#1st Restart on Wall 4 count 48

**** (3:00), then add the following 4 counts Tag**

***5 Stomps, Hold**

***Stomps on the spot L-R-L-R-L (1&2&3), Hold (4)**

#2nd Restart on Wall 5 count 32* (3:00)**

**Ending suggestion: The last wall starts facing 6:00. Dance up to S8-count 6, then
Step forward on R (7), Make a 1/4 turn left replace weight on L (8) (12:00)**

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 27/Oct/21)**
