

Speedoo

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Speedoo - The Cadillacs



(16 counts intro)

[S1] Charleston Fwd-Back, Lindy R

1 2 Sweep and touch forward on R toe, Sweep and step back on R
3 4 Sweep and touch back on L toe, Sweep and step forward on L
5&6 Step R to the side, Step L beside R, Step R to the side
7 8 Cross rock L behind R, Replace weight on R

[S2] Charleston Fwd-Back, Lindy L

1 2 Sweep and touch forward on L toes, Sweep and step back on L
3 4 Sweep and touch back on R toes, Sweep and step forward on R
5&6 Step L to the side, Step R beside L, Step L to the side
7 8 Cross rock R behind L, Replace weight on L**

[S3] Step-Lock-Step, Paddle Turn 1/4R, Cross Shuffle, 1/4L-1/4L

1&2 Step forward on R, Lock/step L behind R, Step forward on R
3 4 Step forward on L, Make a 1/4 turn right recover weight on R (3:00)
5&6 Cross L over R, Step R close to L, Cross L over R
7 8 Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping L to the side** (9:00)

[S4] 2x (Cross Rock w/ Hook, Side Shuffle)

1 2 Cross rock R over L/hook L behind R, Replace weight on L
3&4 Step R to the side, Step L next to R, Step R to the side
5 6 Cross rock L over R/hook R behind L, Replace weight on R
7&8 Step L to the side, Step R next to L, Step L to the side

TAG: 16 counts Tag: At the end of Wall 3 (3:00) and after Wall 6 count 16 (9:00) -Restart**

[S1] 2x (Fwd, Hold, Run-Run-Run)

1 2 Stomp forward on R, Hold
3&4 Run forward on L-R-L
5 6 Stomp forward on R, Hold
7&8 Run forward on L-R-L

[S2] Fwd Rock, Toe Strut Back R-L, Back, Together

1 2 Rock back on R, Replace weight on L
3 4 Step back on R toes, R heel down
5 6 Step back on L toes, L heel down
7 8 Step back on R, Step L together

Ending suggestion: The last wall starts facing 6:00, dance up to Section 4 count 6 (3:00), then Make a 1/4 turn left shuffle forward on L-R-L (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 27/Oct/21)