

Bad Habits

拍數: 32 牆數: 4 級數: Improver
編舞者: Eun Mi Lim (KOR) - October 2021
音樂: Bad Habits - Ed Sheeran



Intro: #16 counts (approx. 10secs)

Sec 1: Side Rock-Together X2, Back, Coaster, 1/2Turn L & Back with Sweep

1&2 Rock R to right side, Recover on L, Close R beside L
3&4 Rock L to left side, Recover on R, Close L beside R
5-6& Step back on R, Step back on L, Close R beside L
7-8 Step forward on L, 1/2turn L stepping back on R with sweep L from front to back (6:00)

Sec 2: Behind-Side-Cross, Lunge Ball Step, Recover, Behind-Side-Cross, Unwind 1/2Turn L, 1/4Turn L with Sweep

1&2 Cross L behind R, Step R to right side, Cross L over R
3-4 Ball step R forward diagonal to right leg bending right knee, Recover on L
5&6 Step R behind L, Step L to left side, Cross R over L
7-8 Unwind turn 1/2 L (12:00), 1/4 turn L sweeping L from front to back (9:00)

Sec 3: Sailor Step, Touch (In-Out), Forward (R-L), Pivot 1/2Turn R, Forward

1&2 Cross L behind R, Step R to right side, Step L to left side
3-4 Touch R toe beside L, Touch R toe to right side
5-6 Step forward on R, Step forward on L
7-8 Pivot 1/2turn R weight onto R (3:00), Step forward on L

Sec 4: Full Turn, Forward, Pivot 1/2 L, Forward (R-L), Hold, Together, Forward

1-2 1/2turn L stepping back on R (9:00), 1/2turn L stepping forward on L (3:00)
3-4 Step forward on R, Pivot 1/2turn L weight onto L (9:00)
5-6 Step forward on R, Step forward on L
7&8 Hold, Step R beside L, Step forward on L

Tag (4 Counts): End of wall 5, facing 9:00

Forward, Pivot 1/2Turn L, Hold, Together, Forward

1-2 Step forward on R, Pivot 1/2turn L weight onto L
3&4 Hold, Step R beside L, Step forward on L

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