

About You And Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Edwin P Napitu (NL) - October 2021
音樂: Better Man - Westlife



Intro 4 count (Start the dance when he sings...You and I...)

S1 : R SIDE, BEHIND, SIDE, CROSS, ½ TURN L , CROSS ROCK, SIDE, WEAVE R

1-2&3 Step R long to right side, cross LF behind RF, step RF to right side(&), cross LF over RF
4& ¼ turn left/step RF back(09:00), ¼ turn left/step LF to left side(&) (06:00)
5-6& Cross RF over LF, recover on LF, step RF to right side(&)
7&8& Cross LF over RF, step RF to right side(&), cross LF behind RF, step RF to right side(&)

S2 : L DIAGONAL(R SWEEP), CROSS, SIDE, BEHIND(L SWEEP), BEHIND, ¼ TURN R, STEP, ROCK STEP, BACK ROCK(1/8 TURN L), ¾ TURN L(UNWIND)

1-2&3 Step LF diagonal right fwd(sweep RF back to front), cross RF over LF, step LF to left side(&),
cross RF behind LF(LF sweep front to back) (07:30)
4&5 Cross LF behind RF, ¼ turn right/step RF fwd(&), step LF forward (10:30)
6&7& Rock RF forward, recover on LF(&), rock RF back(10:30), make 1/8 turn left/recover on LF(&)
(09:00)
8& Step RF forward, make ¾ turn left unwind (12:00)

S3 : BASIC R, SIDE, BEHIND, ¼ TURN L, ¼ TURN L BASIC R, ¼ TURN L, FULL TURN L

1-2& Step RF long to right side(drag LF to RF), rock LF behind RF, recover on RF(&)
3-4& Step LF to left side, cross RF behind LF, ¼ turn left/step LF fwd(&)(09:00)
5-6& ¼ turn left/step RF long to right side(06:00), rock LF behind RF, recover on RF(&)
7-8& ¼ turn left/step LF fwd(03:00), ½ turn left/step RF back, ½ turn left/step LF fwd(&) (03:00)

S4 : STEP, ROCK STEP ¼ TURN L, CROSS ½ TURN R, CROSS ROCK ¼ TURN L, ¾ TURN L(UNWIND)

1-2&3 Step RF forward, rock LF fwd, recover on RF(&), ¼ turn left/step LF to left side (12:00)
4 & 5 Cross RF over LF, ¼ turn right/step LF back(&)(03:00), ¼ turn right/step RF to right side
(06:00)
6 & 7 Rock LF over RF, recover on(&), ¼ turn left/step LF forward(03:00)
8& Step RF forward, make ¾ turn left unwind (06:00)

Start Again & Have Fun!!!!!!

RESTART : Wall 2 and Wall 5 (After count 16&, 06:00)

TAG : After Wall 3 (12:00)

Tag: BASIC R, BASIC L

1-2& Step RF long to right side, rock LF behind RF, recover on RF(&)
3-4& Step LF long to left side, rock RF behind LF, recover on LF(&)

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