

# About You And Me

**COPPERKNOB**  
STEPSHEETS

拍數: 32                      牆數: 2                      級數: Intermediate  
編舞者: Edwin P Napitu (NL) - October 2021  
音樂: Better Man - Westlife



# Intro 4 count (Start the dance when he sings...You and I...)

**S1 : R SIDE, BEHIND, SIDE, CROSS, ½ TURN L , CROSS ROCK, SIDE, WEAVE R**

1-2&3                      Step R long to right side, cross LF behind RF, step RF to right side(&), cross LF over RF  
4&                              ¼ turn left/step RF back(09:00), ¼ turn left/step LF to left side(&) (06:00)  
5-6&                        Cross RF over LF, recover on LF, step RF to right side(&)  
7&8&                        Cross LF over RF, step RF to right side(&), cross LF behind RF, step RF to right side(&)

**S2 : L DIAGONAL(R SWEEP), CROSS, SIDE, BEHIND(L SWEEP), BEHIND, ¼ TURN R, STEP, ROCK STEP, BACK ROCK(1/8 TURN L), ¾ TURN L(UNWIND)**

1-2&3                        Step LF diagonal right fwd(sweep RF back to front), cross RF over LF, step LF to left side(&),  
cross RF behind LF(LF sweep front to back) (07:30)  
4&5                            Cross LF behind RF, ¼ turn right/step RF fwd(&), step LF forward (10:30)  
6&7&                        Rock RF forward, recover on LF(&), rock RF back(10:30), make 1/8 turn left/recover on LF(&)  
(09:00)  
8&                            Step RF forward, make ¾ turn left unwind (12:00)

**S3 : BASIC R, SIDE, BEHIND, ¼ TURN L, ¼ TURN L BASIC R, ¼ TURN L, FULL TURN L**

1-2&                        Step RF long to right side(drag LF to RF), rock LF behind RF, recover on RF(&)  
3-4&                        Step LF to left side, cross RF behind LF, ¼ turn left/step LF fwd(&)(09:00)  
5-6&                        ¼ turn left/step RF long to right side(06:00), rock LF behind RF, recover on RF(&)  
7-8&                        ¼ turn left/step LF fwd(03:00), ½ turn left/step RF back, ½ turn left/step LF fwd(&) (03:00)

**S4 : STEP, ROCK STEP ¼ TURN L, CROSS ½ TURN R, CROSS ROCK ¼ TURN L, ¾ TURN L(UNWIND)**

1-2&3                        Step RF forward, rock LF fwd, recover on RF(&), ¼ turn left/step LF to left side (12:00)  
4 & 5                        Cross RF over LF, ¼ turn right/step LF back(&)(03:00), ¼ turn right/step RF to right side  
(06:00)  
6 & 7                        Rock LF over RF, recover on(&), ¼ turn left/step LF forward(03:00)  
8&                            Step RF forward, make ¾ turn left unwind (06:00)

**Start Again & Have Fun!!!!!!**

**RESTART : Wall 2 and Wall 5 (After count 16&, 06:00)**

**TAG : After Wall 3 (12:00)**

**Tag: BASIC R, BASIC L**

1-2&                        Step RF long to right side, rock LF behind RF, recover on RF(&)  
3-4&                        Step LF long to left side, rock RF behind LF, recover on LF(&)

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