

# Hold On

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Elaine Montgomery (AUS) - October 2021  
音樂: Hold On - Rod Stewart



**Intro: Start on the vocals - 'Hold On'**

**[1 - 8] Walk R,L, R half turn left, half turn left stepping back right, left sailor, behind side cross**  
12&34      Walk right, left, step forward right, ½ turn left, ½ turn left, step back on the right  
5&6      Step left behind right, step right to side, step left to left side  
7&8      Step right behind, left to side, cross right over left,

**[9 - 16] Cross rock right, cross rock left, & step half turn left, full triple turn left**  
&1&2&34      Left side, cross rock right, recover left, side right, cross rock left over right recover  
&56      Step side left, step forward right, ½ turn left  
7&8      Triple full turn left, stepping right, left, right

**[17 - 24] Ball cross, Scissor cross, ¼ back right, shuffle half turn left, step ½ turn left**  
&12&3      Step left, step right across left, left side, step right together, cross left over right  
45&6      ¼ turn left step back on right, shuffle ½ turn left right left  
78      Step forward right, ½ turn left  
**(RESTART HERE WALL 3) facing 12.**

**[25 - 32] Step Right, Left lock forward, rock forward, recover, sweep back right, left, right coaster step (1)**  
1,2,&34      Step forward right, Lock forward left right left, rock forward right  
5, 6, 7      back left, right, left  
8& 1      Right back, together (forward) (1)

**Tag end of wall 1**

**[1 - 8] Walk R,L,R ,half turn left, half turn left stepping back right, left sailor, Sway Right Left**  
12&34      Walk right, left, step forward right, ½ turn left, ½ turn left, step back on the right  
5&6      Step left behind right, step right to side, step left to left side  
78      Sway right and left

**Have Fun Enjoy!**

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