

Hold On

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Elaine Montgomery (AUS) - October 2021
音樂: Hold On - Rod Stewart



Intro: Start on the vocals - 'Hold On'

[1 - 8] Walk R,L, R half turn left, half turn left stepping back right, left sailor, behind side cross
12&34 Walk right, left, step forward right, ½ turn left, ½ turn left, step back on the right
5&6 Step left behind right, step right to side, step left to left side
7&8 Step right behind, left to side, cross right over left,

[9 - 16] Cross rock right, cross rock left, & step half turn left, full triple turn left
&1&2&34 Left side, cross rock right, recover left, side right, cross rock left over right recover
&56 Step side left, step forward right, ½ turn left
7&8 Triple full turn left, stepping right, left, right

[17 - 24] Ball cross, Scissor cross, ¼ back right, shuffle half turn left, step ½ turn left
&12&3 Step left, step right across left, left side, step right together, cross left over right
45&6 ¼ turn left step back on right, shuffle ½ turn left right left
78 Step forward right, ½ turn left
(RESTART HERE WALL 3) facing 12.

[25 - 32] Step Right, Left lock forward, rock forward, recover, sweep back right, left, right coaster step (1)
1,2,&34 Step forward right, Lock forward left right left, rock forward right
5, 6, 7 back left, right, left
8& 1 Right back, together (forward) (1)

Tag end of wall 1

[1 - 8] Walk R,L,R ,half turn left, half turn left stepping back right, left sailor, Sway Right Left
12&34 Walk right, left, step forward right, ½ turn left, ½ turn left, step back on the right
5&6 Step left behind right, step right to side, step left to left side
78 Sway right and left

Have Fun Enjoy!

Contact Elaine : memonty91@hotmail.com - Mobile: +61 0423852383