

Peppermint Twist

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Jo Thompson Szymanski (USA) & Roy Verdonk (NL) - October 2021
音樂: Peppermint Twist - Sha Na Na : (40th Anniversary Collectors Edition)



#32 Count Intro / Approx 10 Secs

[01 - 08]: Side Strut, Cross Strut, Kick, Weave

1-2 Touch right toe to right, drop right heel
3-4 Touch left toe over right, drop left heel
5-6 Kick right to right diagonal, step right behind left
7-8 Step left to left, cross right over left

[09 - 16]: Side Strut, Cross Strut, Kick, Weave

1-2 Touch left toe to left, drop left heel
3-4 Touch right toe over left, drop right heel
5-6 Kick left to left diagonal, step left behind right
7-8 Step right to right, step left forward

[17 - 24]: Charleston

1-2 Touch right toe forward, hold
3-4 Step right back, hold
5-6 Touch left toe back, hold
7-8 Step left forward, hold

[25 - 32]: $\frac{1}{8}$ Pivot Turn, $\frac{1}{8}$ Pivot Turn

1-2 Step right forward, hold
3-4 Pivot $\frac{1}{8}$ left transferring weight onto left, hold (10:30)
5-6 Step right forward, Hold
7-8 Pivot $\frac{1}{8}$ left transferring weight onto left, hold (9:00)

[33 - 40]: Slow Jazzbox

1-2 Cross right over left, hold
3-4 Step left back, hold
5-6 Step right to right, hold
7-8 Cross left over right, hold

[41 - 48]: Twists Heels Toe Heels, Hold, Twist Heels Toe Heels, Hold

1-2 Step right beside left twisting both heels right, twist both toes right
3-4 Twist both heels right, hold

Option Count 4 - Kick left to left diagonal

5-6 Twist both heels left, twist both toes left
7-8 Twist both heels left, hold

Option Count 8 - Jump both feet slightly back