

# Peppermint Twist

COPPER KNOB  
BY SHEETS

拍數: 48      牆數: 4      級數: High Beginner  
編舞者: Jo Thompson Szymanski (USA) & Roy Verdonk (NL) - October 2021  
音樂: Peppermint Twist - Sha Na Na : (40th Anniversary Collectors Edition)



## #32 Count Intro / Approx 10 Secs

### [01 - 08]: Side Strut, Cross Strut, Kick, Weave

1-2      Touch right toe to right, drop right heel  
3-4      Touch left toe over right, drop left heel  
5-6      Kick right to right diagonal, step right behind left  
7-8      Step left to left, cross right over left

### [09 - 16]: Side Strut, Cross Strut, Kick, Weave

1-2      Touch left toe to left, drop left heel  
3-4      Touch right toe over left, drop right heel  
5-6      Kick left to left diagonal, step left behind right  
7-8      Step right to right, step left forward

### [17 - 24]: Charleston

1-2      Touch right toe forward, hold  
3-4      Step right back, hold  
5-6      Touch left toe back, hold  
7-8      Step left forward, hold

### [25 - 32]: $\frac{1}{8}$ Pivot Turn, $\frac{1}{8}$ Pivot Turn

1-2      Step right forward, hold  
3-4      Pivot  $\frac{1}{8}$  left transferring weight onto left, hold (10:30)  
5-6      Step right forward, Hold  
7-8      Pivot  $\frac{1}{8}$  left transferring weight onto left, hold (9:00)

### [33 - 40]: Slow Jazzbox

1-2      Cross right over left, hold  
3-4      Step left back, hold  
5-6      Step right to right, hold  
7-8      Cross left over right, hold

### [41 - 48]: Twists Heels Toe Heels, Hold, Twist Heels Toe Heels, Hold

1-2      Step right beside left twisting both heels right, twist both toes right  
3-4      Twist both heels right, hold

#### Option Count 4 - Kick left to left diagonal

5-6      Twist both heels left, twist both toes left  
7-8      Twist both heels left, hold

#### Option Count 8 - Jump both feet slightly back