

Ready 2 Fly (P)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Improver Partner
編舞者: Keith Riess (USA) & Nicky Riess (USA) - October 2021
音樂: Wild Hearts - Keith Urban



[START] 8-COUNT INTRO; SWEETHEART POSITION, FACING FLOD

[1-8] WALK, WALK, SHUFFLE FORWARD, STEP, TOUCH, SHUFFLE BACK

1,2 Step R forward, step L forward
3&4 Step R forward, step L next to R, step R forward
5,6 Step L forward, touch R toe next to L
7&8 Step R back, step L next to R, step R back

[9-16] 1/4 TURN, 1/4 TURN, 1/4 TURN SAILOR, CROSS, HOLD, BALL STEP, CROSS, 1/4 TURN STEP

1,2 1/4 turn left stepping side L, 1/4 turn left stepping forward R
3&4 Cross L behind R, 1/4 turn left stepping side R, step L to left side - facing OLOD
5,6 Cross R over L, hold
&7,8 Step on ball of L, cross R over L, 1/4 turn left stepping forward L - facing FLOD

[HANDS: On count 1, man and woman release R hands as man's L hand brings woman's L hand over her head.

On count 4, man and woman reconnect R hands in Indian position facing OLOD.]

NOTE: RESTART dance here facing FLOD after first 16 counts on 4th pattern

[17-24] MAN: WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

[17-24] WOMAN: WALK, WALK, SHUFFLE, 1/2 TURN, 1/2 TURN, SHUFFLE

1,2 Man: Step R to right side (passing behind woman), step L forward Woman: Cross R over L (passing in front of man), step L to left side
3&4 Step R forward, step L next to R, step R forward
5,6 Man: Step L forward, Step R forward (passing behind woman)
5,6 Woman: 1/2 turn right stepping back L, 1/2 turn right stepping forward R (progressing FLOD)
7&8 Step L forward, step R next to L, step L forward

[HANDS: On counts 1 and 2, man brings woman's L hand over her head, leaving hands connected in front dropping down to skater's position. On count 5, man and woman release R hands as woman turns, reconnecting R hands in sweetheart position for counts 7 and 8.]

[25-32] WALK, WALK, HIP BUMPS, SHUFFLE, HEEL SWITCHES

1,2 Step R forward, step L forward
3&4 Touch R slightly forward bumping hips right, return hips to center, bump hips right taking weight on R
5&6 Step L forward, step R next to L, step L forward
7&8& Touch R heel forward, step R next to L, touch L heel forward, step L next to R

[REPEAT PATTERN]

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