

Rightside Up

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Mark Paulino (USA) - October 2021
音樂: Upside Down (feat. Charlie Puth) - JVKE : (Extended version)



Intro - 16 counts

[1-8] JAZZ BOX, LOCK STEP, ROCK RECOVER

1,2 L crosses over R, R steps back
3,4 L steps to the side, R steps forward
5,6 L steps/lock behind R slightly bending both knees, R steps forward diagonally
7,8 L rocks forward, recover back on R

[9-16] SHUFFLE 1/2 TURN, ROCK RECOVER, COASTER STEP, 1/4 PIVOT TURN

1&2 L stepping back with 1/4 turn left, R steps besides L, L side step with a 1/4 turn left
3,4 R rocks forward, recover back on L
5&6 R steps back, L steps besides R, R steps forward
7,8 L step forward weight shifting from L back onto R with a 1/4 turn

[17-24] CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER

1&2 L crosses over R, R side step, L crosses over R
3,4 R side rock, recover back onto L
5&6 R crosses over L, L side step, R crosses over L
7,8 L side rock, recover back onto R

[25-32] CROSS OVER, 1/4 TURN, 1/4 TURN, BALL TOUCH, VINE WITH A KICK CROSS

1,2 L cross over R, R side step with a 1/4 turn L
3,4 L steps back with a 1/4 turn L, R ball touch besides L
5,6 R steps to the side, L crosses behind R
7,8 R steps to the side, L kicking across over R

(Stepping onto L will be the start of the dance)

VARIATIONS

Section 2, steps 5&6

Replace "R coaster step" with "Full turn cross unwind"

5,6 Cross R behind L, full turn R weight shifting from L to R

Section 4, steps 4-8

Replace "R ball touch besides L" with "R ball touch besides L with R knee turned in" for your prep

5,6 R side step with 1/4 turn R, L steps forward with a 1/4 turn R
7,8 1/2 turn R with a R side step, sweep L from back to front crossing over R

(Stepping onto L will be the start of the dance)

Contact: thefineline@dance@gmail.com