

Yo Soy Parati

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4
編舞者: Jenny (INA) - October 2021
音樂: MANTRA - Sebastián Yatra

級數: High Beginner



Intro : 16 Counts - No Tag, 1 Restart

Sec 1 : Botafogo , Diamond , Side Rock - Recover

1 & 2 Cross RF over LF (1) - Rock LF to side (&) - Recover on RF (2)
3 & 4 Cross LF over RF (3) - turn 1/8 to Left stepping RF to back (&) - step LF back(4) (facing 10:30)
5 & 6 Step RF back (5) - turn 1/8 to Left stepping LF to side (&) - Step RF fwd (6)
7 - 8 Rock LF to L (7) - Recover on RF (8)

Sec 2 : Close ,Sway,Forward ,1/2 R Turn,Backward Rock - Recover

&1 - 4 Step LF next to RF (&) - step RF to right with sway right (1) - sway (L,R,L)
5 - 6 Step RF fwd (5) - turn 1/2 to right stepping LF to back (6)
7 - 8 Rock RF to back (7) - recover on LF (8)

***Restart on wall 10 (16 C)**

Sec 3 : Shuffle RL ,Fwd Rock , Chasse 1/2 R Turn

1 & 2 Step RF fwd (1) - step LF next to RF (&) - step RF fwd (2)
3 & 4 Step LF fwd (3) - step RF next to LF (&) - step LF fwd (4)
5 - 6 Rock RF fwd (5) - recover on LF (6)
7 & 8 Turn 1/4 to right stepping RF to Right (7) - step LF next to RF (&) - turn 1/4 to right Stepping RF fwd (8)

Sec 4 : 1/8 R Turn ,Mambo ,Backward,Side Cross ,Side Rock - Recover

1 & 2 Turn 1/8 to right stepping LF fwd (1) - recover on RF (&)- step LF back (2)
3 & 4 Step RF to back (3) - turn 1/8 to left stepping LF to left (&) -cross RF over LF (4) (Facing 09:00)
5 - 6 Rock LF to left (5) - recover on RF (6)
&7- 8 Step LF next to RF (&) - rock RF to right (7) - recover on LF (8)

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