

Ready To Fly

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Keith Riess (USA) & Nicky Riess (USA) - October 2021
音樂: Wild Hearts - Keith Urban



[START] 8-COUNT INTRO (BEGIN ON LYRICS)

[1-8] WALK, WALK, LOCKING SHUFFLE FORWARD, STEP, TOUCH, LOCKING SHUFFLE BACK

1,2 Step R forward, step L forward
3&4 Step R forward, lock L behind R, step R forward
5,6 Step L forward, touch R toe next to L
7&8 Step R back, lock L over R, step R back

[9-16] 1/4 TURN, 1/4 TURN, 1/4 TURN SAILOR, CROSS, HOLD, BALL STEP, CROSS, STEP SIDE

1,2 1/4 turn left stepping side L, 1/4 turn left stepping forward R
3&4 Cross L behind R, 1/4 turn left stepping side R, step L to left side - facing 3:00
5,6 Cross R over L, hold
&7,8 Step on ball of L, cross R over L, step L to left side

NOTE: RESTART dance here facing 6:00 after first 16 counts on wall 4

[17-24] CROSS BEHIND, RECOVER, 1/4 TURN, 1/4 TURN, SHUFFLE FORWARD, ROCK, RECOVER

1,2 Cross rock R behind L, recover weight to L
3,4 1/4 turn left stepping back R, 1/4 turn left stepping forward L - facing 9:00
5&6 Step R forward, step L next to R, step R forward
7,8 Rock L forward, recover weight back on R

[25-32] 1/2 TURN SHUFFLE, 1/4 TURN HIP BUMPS, 1/4 TURN SAILOR, HEEL SWITCHES

1&2 1/4 turn left stepping side L, step R next to L, 1/4 turn left stepping forward L - facing 3:00
3&4 Touch R slightly forward bumping hips right, 1/8 turn left returning hips to center, 1/8 turn left bumping hips right taking weight on R - facing 12:00
5&6 Cross L behind R, 1/4 turn left stepping side R, step L to left side - facing 9:00
7&8&8 Touch R heel forward, step R next to L, touch L heel forward, step L next to R

[REPEAT]

STYLE POINTS:

- *1. Spread arms out to both sides during "...and all of the dreamers ready to fly..." lyrics in chorus on counts 3-8 (cross, hold, ball step, cross, step side) in section [9-16].
- *2. Pretend to strum a guitar on counts 3&4 (1/4 turn hip bumps) in section [25-32] following "...lifting their guitars and painting the sky..." lyrics in chorus.

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