

Just a Notion

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Kim Liebsch (DK) - October 2021
音樂: Just A Notion - ABBA



Intro: 24 counts (appr. 11 sec) Start with weight on L foot

#1 section: Chasse', back rock X 2

1&2 Step R to R side, step L next to R, step R to R side 12:00
3-4 Rock back on L, recover on R 12:00
5&6 Step L to L side, step R next to L, step L to L side 12:00
7-8 Rock back on R, recover on L 12:00

#2 section: Toe strut X 2, step ½ turn, walk walk

1-2 Step R toe fw. Drop heel 12:00
3-4 Step L toe fw. Drop heel 12:00
5-6 Step fw. on R, make ½ turn L stepping fw. on L 6:00
7-8 Walk R, walk L 6:00

#3 section: Step ¼ turn, cross side, behind point, cross side

1-2 Step fw. on R, make ¼ turn L stepping L to L side 3:00
3-4 Cross R over L, step L to L side 3:00
5-6 Cross R behind L, point L to L side 3:00
7-8 Cross L over R, step R to R side 3:00

#4 section: Behind point, cross ¼ turn, step touch X 2

1-2 Cross L behind R, point R to R side 3:00
3-4 Cross R over L, make ¼ turn R stepping back on L 6:00
5-6 Step R to R side, touch L beside R 6:00
7-8 Step L to L side, touch R beside L 6:00

Good Luck & N'joy!

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