

U Gurl

拍數: 32 牆數: 4 級數: Improver
編舞者: Linda Scott (USA) - October 2021
音樂: U Gurl - Walker Hayes



Intro: 16 counts

TOE & TOE AND HITCH, STEP, UNWIND 3/4, SHUFFLE FORWARD

1&2 Touch Right toe to right, quickly step on RF, Touch Left toe to left side
3-4 Lift LF up into a hitch crossing over Right leg, Bring LF down crossing over RF (If takes weight)
5-6 Unwind slowly to right turning 3/4 (weight will be on LF slightly behind RF) (9:00)
7&8 Step forward on RF, slide LF behind RF, Step RF forward

ROCKING CHAIR, STEP 3/4 TO RIGHT, STEPPING LEFT, STEP RF BEHIND LF

1-2 Step forward on LF, Rock back onto RF
3-4 Step back on LF, Rock forward onto RF
5-6 Step forward on LF, turn 3/4 turning to your right, transferring weight to RF(6:00)
7-8 Step LF to left side, Step RF behind LF *

***Restart here changing count 8 to a touch**

STEP, HOLD, & STEP, HOLD, 1/4 SAILOR TO RIGHT, STEP 1/2

1-2& Step LF to left side, hold, step on ball of RF
3-4 Step LF to left side, hold
5&6 Step RF behind LF, Step LF to side, turn 1/4 to right stepping forward on RF (9:00)
7-8 Step forward on LF, Pivot 1/2 to right (3:00)

BUMP HIPS 2X, KICK, BALL, CHANGE, ROCKING CHAIR

1&2 Step forward on LF bumping hips LRL
3&4 Kick RF forward, Step down on ball of RF, Step in place on LF
5-6 Step forward on RF, Rock back onto LF
7-8 Step Back on Rf, Rock Back onto LF

***1 Easy restart -**

Wall 3 after 16 counts. Change step 16 to a touch.

Wall 3 starts at 6:00, restart facing 12:00

Hope to see ya on the Dance Floor!

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