

Thriller C

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數:
編舞者: Carrie McNeish (USA) - October 2021
音樂: Thriller - Michael Jackson



NOTES: Start dance on lyrics

(RT) STEP TOGETHER STEP TOUCH (FWD & "SWIM"), THEN LT

1-4 Rt foot step forward (pushing rt hip fwd, SWIM ARMS), left step together - REPEAT
5-8 Lt foot step forward (pushing lt hip fwd, SWIM ARMS), right step together - REPEAT

(RT) STEP RT & "TWIST" (HANDS SIDE 2 SIDE) TO RT, LIFT LT LEG, THEN LT

1-4 Rt foot step to right and "TWIST" as moving to right foot, lift LEFT leg on count 4
5-8 Lt foot step to left and "TWIST" as moving to left foot, lift RIGHT leg to side on count 8

(RT) STEP CROSS STEP (MONSTER ARMS) + 3 KNEES, THEN LT

1-4 Rt foot step to right, left foot cross in front, right foot to side and lift left knee
5-8 Step left and lift right knee, then step right and lift left knee
1-4 Left foot step to left, right foot cross in front, right foot to side and lift right knee
5-8 Step right and lift left knee, then step right and lift left knee

(RT) SLIDE RT -CLAP- SHOULDERS UP/DOWN & HEAD TWIST, THEN LT

1-4 Side to right, 4 counts while doing SHOULDER SHIMMY, CLAP above head on 4
5-8 Shoulders up then down (5, 6) and twist head to left and back (7, 8)
1-4 Slide to left, 4 count while doing SHOULDER SHIMMY, CLAP above head on 4
5-8 Shoulders up then down (5, 6) and twist head to right and back (7, 8)

(RT) PIVOT 1/8 - 4 X - "ZOMBIE STOMPS" (ARMS OUT TO SIDE)" (1/2 TURN)

1-8 Pivot stepping right then left as making 4, 1/8 turns to left to complete a 1/2 (6:00)

(MONSTER ARMS OUT TO SIDE)

(RT) ZOMBIE STOMP & HOLD (RT/LT) & 4 STOMPS/SHIMMY (MOVING FWD)

1-8 Stomp and HOLD (Rt, Lt) & 4 Stomps fwd with SHIMMY'S