

# Don't Shut Me Down EZ

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner +  
編舞者: Ron Harris (CAN) - October 2021  
音樂: Don't Shut Me Down - ABBA



Intro 16 counts from heavy beat, 48 seconds into the music  
One restart on the 5th wall facing 12 o'clock after 16 counts restart

## Section 1. RF ROCK RECOVER COASTER STEP, LF ROCK RECOVER COASTER STEP

1-2            step RF forward, Recover on LF  
3 & 4        Rock back on RF, step LF beside RF, step forward on RF  
5-6 .        Step LF forward, recover on the RF  
7 & 8        Rock back on LF, step RF beside LF, step forward on LF

## Section 2. VAUDEVILLE STEP RIGHT, VAUDEVILLE STEP LEFT

1-2 &        Step RF to side, step LF behind right, Step RF back,  
3 & 4        Touch left heel diagonal forward, Step LF back, step RF across left  
5-6 &        Step LF to side, step RF behind left, step left back  
7 & 8        Step touch right heel diagonal forward, Step RF back, step LF across right

## Section 3. SIDE STEP, BEHIND, SHUFFLE TO THE RIGHT, CROSS ROCK, TURNING 1/4 TURN RIGHT, RECOVER, SHUFFLE LEFT MAKING 1/2 TURN LEFT

1-2            Step RF to right, step LF behind right  
3&4        Step RF to right, step LF next to RF, step RF to the right  
5-6        Cross Rock LF over RF making 1/4 turn right, recover on RF  
7&8        Step back on LF 1/4 turn left, step RF next to LF, step on LF making 1/4 turn left

## Section 4. STEP FORWARD AND CROSS AND POINTX X4

1-2            Step forward on RF crossing LF, point LF to the left side  
3-4        Step forward on LF crossing RF, point RF to the right side  
5-6        Step forward on RF crossing LF, point LF to the left side  
7-8        Step forward on LF crossing RF, point RF to the right side

**Repeat**

Restart on the 5th wall facing 12 o'clock after 16 counts restart the round

To end the dance as the music slows for Section 4 steps 7 and 8

7-8            Step forward on the LF turning 1/4 turn right facing 12 o'clock, step RF beside LF