If I Was a Cowboy



拍數: 32 編數: Low Intermediate

編舞者: Michael Weidner (DE) - October 2021 音樂: If I Was a Cowboy - Miranda Lambert



Dance starts after intro (16 counts)

Set 1: NC basic right, NC basic left, side left, 3/4 cross turn(locked), right Mambo fwd.

1, 2&3 RF big step side, LF rock behind, RF recover, LF big step

4&5 RF rock behind, LF recover, side

6&7 LF cross behind ³/₄ left turn, lock RF behind LF, LF small step,

8& RF rock fwd, LF recover, RF step back

Set 2: Back, sweep left cross behind, side cross, point, touch, point, cross right behind left, ½ turn right, Mambo fwd

1, 2&3 RF step back, sweep LF and cross behind RF, step RF side, cross LF over RF

point RF to right side, touch RF next to LF, point RF to right side cross RF behind left foot, turn ½ on both balls, step RF fwd

8& rock LF, recover on RF

Set 3: Sweep back, sailor ¼ turn right, left mambo cross, right mambo cross, step turn 3/8 (4:30), Step, side (6:00

1, 2&3 sweep RF, cross RF behind LF, turn ¼ right, step RF fwd.

4&5 LF side rock, recover on RF, cross LF over RF 6&7 RF side rock, recover on LF, cross RF over LF

8& Step LF, turn 3/8 on both balls

Set 4: Step, Rock step 1/8 right, rock 1/8 right (7:30), ¾ traveling pivot left (10:30), cross shuffle ending with a 3/8 left turn, drag RF next to LF

1, 2&3 LF fwd (4:30), rock RF, recover on LF while turning 1/8 right, rock while turning 1/8 right

(7:30)

4&5 Step LF fwd., turn ½ left (step back on LF while turning), turn ¼ (step fwd. while turning)

6&7 cross RF over LF, step LF next to RF, cross RF over LF (10:30)

8& turn 3/8 left on both balls (6:00), drag RF next to LF

Tag: Side, close and clap, chasse, cross full turn, chasse, drag

1, 2 Step RF to right side, close LF next to RF

3&4 Step RF to right side, close LF next to RF, Step RF to right side

5, 6 cross LF over RF unwind on both balls (full turn)

7&8 Step LF to left side, close RF next to LF, Step LF to left side & drag RF next to LF

There is an 8 count tag at the end of wall 2; After the tag start with set 1 and repeat.

At the end of the dance: instead of turning 3/8 at the end of set 4 counts "8&", turn further until you face wall 1 (12:00)

Have fun