

# Talk About

拍數: 64      牆數: 2      級數: Phrased Easy Intermediate  
編舞者: Helene Pedersen (NOR) - October 2021  
音樂: Talk - Daya



## #1 Restart

Phrasing: A\*A B B C A B B C A B B C

### A: 32 counts

(1-8) Heelgrind,coaster,toestrut,press,3/4shuffle.

- 1-2            L heel fwd, 1/2L Rf back. (6.00)  
3&4           Lf back, Rf beside Lf, Lf fwd.  
5&6           R toe fwd to R diagonal and R hip fwd, step down on Rf, press ball of Rf fwd.  
7&8           ¼ L Lf fwd, ¼ L Rf beside Lf, ¼ L Lf fwd. (9.00)

(9-16) Dorothy, locksteps, step ½ turn,1/1triple.

- 1-2&          Rf fwd to R diagonal, Lf lock behind Rf, Rf fwd. (10.30)  
3&4          Lf fwd to L diagonal, Rf lock behind Lf, Rf fwd. (7.30)  
5-6          Rf fwd, ½ L Lf fwd. ((1.30)  
7&8          ½ L Rf back, ½ L Lf fwd, Rf fwd. (1.30)

Restart here on the 1st wall.

(17-24) Step fwd Lf,Rf,mambo,step back Rf,Lf,1/8sailor.

- 1-2           Lf fwd, Rf fwd,  
3&4           Lf rock fwd, recover to Rf, Lf back.  
5-6           Rf back, Lf back.  
7&8           Rf behind Lf, 1/8 R Lf beside Rf, Rf fwd. (3.00)

(25-32) Shuffle,1/4chasse',points and hitches.

- 1&2          Lf fwd, Rf beside Lf, Lf fwd.  
3&4          Rf step R, Lf beside Rf, ¼ R Rf fwd. (6.00)  
&5&6        Lf beside Rf, Rf point R, Rf beside Lf, Lf point L.  
&7&8        Hitch Lf, Lf beside Rf, Rf point R, hitch Rf.

### B: 16 counts

(1-8) Press,coaster,locksteps.

- 1-2           Ball of Rf press fwd, recover to Lf.  
3&4           Rf back, Lf beside Rf, Rf fwd.  
5-6           Lf fwd, Rf lock behind Lf  
7&8           Lf fwd, Rf lock behind Lf, Lf fwd.

(9-16) Rockstep,3/8sailor,pivotx2,sways.

- 1-2           Rf rock fwd, recover to Lf.  
3&4           Rf behind Lf, 3/8R Lf beside Rf, Rf fwd. (10.30)  
5-6           ½ L weight on Lf, ½ R recover to Rf.  
7&8           1/8 R Lf to L sway, sway R, sway L. (12.00)

### C: 16 counts

(1-8) ¾ paddle,flick,wiggle.

- 1-4&        Rf point R, ¼ L Rf point R, ¼ L Rf point R, ¼ R Rf point R, flick Rf. (9.00)  
5-8        wiggle wiggle end on Rf.

(9-16) ¾ paddle,flick,wiggle.

1-4& Lf point L, ¼ R Lf point L, ¼ R Lf point L, ¼ R Lf point L, flick Lf. (6.00)  
5-8 wiggle wiggle end on Rf.

**HAVE FUN**

---