

Pick Up The Pieces

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Rosa Beltran Greentree (AUS) - October 2021
音樂: Pick Up the Pieces - Nat Jay : (Album: Lights Across The Sky)



Intro: 34 counts, begin dance when vocal starts.

Restarts: Walls 2, 4, 5, 6, 7, 8 after 32 counts

Tags: 2 Tag A (16 counts after Wall 2), Tag B (4 counts after Wall 5)

Sequence: 64, 32+TagA, 64, 32, 32+TagB, 32, 32, 32 (Walls 1,2,3,4,5,6,7,8 respectively)

S1: Fwd, Pivot 1/2 left, 1/2 left Back Shuffle, Back, Back, Coaster Step

1 2 Step R fwd(1), Pivot 1/2 left Keep weight on L(2) 6:00
3&4 1/2 left Step R back(3), Step L close to R(&), Step R back(4) 12:00
5 6 Sweep back on L(5), Sweep back on R(6)
7&8 Step L back(7), Step R together(&), Step L fwd(8)

S2: Fwd, Fwd, right Side Rock, Fwd, Fwd, Fwd, left Side Rock, Fwd

1 2 Step R fwd(1), Step L fwd(2)
3&4 Rock R to side(3), Recover on L(&), Step R fwd(4)
5 6 Step L fwd(5), Step R fwd(6)
7&8 Rock L to side(7), Recover on R(&), Step L fwd(8)

S3: 1/4 left Side Rock, Cross Shuffle, 1/4 right Back, 1/4 right Side, Cross Shuffle

1 2 1/4 left rock R to side(1), Recover on L(2) 9:00
3&4 Cross R over L(3), Step L to side(&), Cross R over L(4)
5 6 1/4 right Step L back(5), 1/4 right Step R to side(6) 3:00
7&8 Cross L over R(7), Step R to side(&), Cross L over R(8)

S4: Side, Together, Fwd Shuffle, 1/4 right Side, Together, Coaster Step

1 2 Step R to side(1), Step L next to R(2)
3&4 Step R fwd(3), Step L close to R(&), Step R fwd(4)
5 6 1/4 right Step L to side(5), Step R next to L(6) 6:00
7&8 Step L back(7), Step R together(&), Step L fwd(8)

***Restart here on Walls 2,4,5,6,7,8**

***Tags here after Wall 2 + (TagA) and after Wall 5 + (TagB)**

S5: Fwd Rock, 1/2 right Fwd Shuffle, HALF Turn (2 x 1/4 right Step Turns)

1 2 Rock R fwd(1), Recover on L(2)
3&4 1/2 right Step R fwd(3), Step L close to R(&), Step R fwd(4) 12:00
5 6 Point L to front(5), 1/4 right step R in place(6) 3:00
7 8 Point L to front(7), 1/4 right Step R in place(8) 6:00

S6: Cross Rock, left Side Shuffle, Cross Rock, right Side Shuffle

1 2 Cross rock L over R(1), Recover on R(2)
3&4 Step L to side(3), Step R next to L(&), Step L to side(4)
5 6 Cross rock R over L(5), Recover on L(6)
7&8 Step R to side(7), Step L next to R(&), Step R to side(8)

S7: Fwd Rock, 1/2 left Fwd Shuffle, HALF Turn (2 x 1/4 left Step Turns)

1 2 Rock L fwd(1), Recover on R(2)
3&4 1/2 left Step L fwd(3), Step R close to L(&), Step L fwd(4) 12:00
5 6 Point R to front(5), 1/4 left Step L in place(6) 9:00

7 8 Point R to front(7), 1/4 left Step L in place(8) 6:00

S8: Cross Rock, right Side Shuffle, Cross Rock, left Side Shuffle

1 2 Cross rock R over L(1), Recover L(2)
3&4 Step R to side(3), Step L next to R(&), Step R to side
5 6 Cross rock L over R(5), Recover on R(6)
7&8 Step L to side(7), Step R next to L(&), Step L to side(8) 6:00

Start dance again.

***Restarts**

After 32 counts on Wall 2(6:00) + Tag A, Wall 4(6:00), Wall 5(12:00) + Tag B, Wall 6(6:00), Wall 7(12:00) and Wall 8(6:00)

***Tags**

Tag A: 16 counts after Wall 2(6:00) now facing 12:00

right Side Together, Side Shuffle, left Side Together, Side Shuffle, FULL Turn (4 x 1/4 left Step Turns)

1- 4 Step R to side(1), L Together(2), Step R to side(3), L Together(&), Step R to side(4)
5- 8 Step L to side(5), R together(6), Step L to side(7), R together(&), Step L to side(8)
9-16 Point R to front(9), 1/4 left Step L in place(10) 9:00, Point R to front(11), 1/4 left Step L in place(12) 6:00, Point R to front(13), 1/4 left Step L in place(14) 3:00, Point R to front(15), 1/4 left Step L in place(16) 12:00

Tag B: 4 counts after Wall 5(12:00) now facing 6:00

Fwd, Pivot 1/2 left, Fwd, Pivot 1/2 left

1- 4 Step R fwd(1), pivot 1/2 left Keep weight on L(2) 12:00, Step R fwd(3), pivot 1/2 left -Keep weight on L(4) 6:00

Non turning option on Section 1 on counts 1 2 3&4

Fwd Rock, Shuffle Back

1- 4 Rock R fwd(1), Recover on L(2) Step R back(3), Step L close to R(&), Step R back(4)

End of dance: Wall 8(6:00) after 32 counts now facing 12:00, just Cross L over R on the last count of Coaster step.

ENJOY! Lovepeace2all
