

# Moody Mama

拍數: 32      牆數: 4      級數: Improver  
編舞者: Elise Lorcher (USA) - August 2021  
音樂: Lil Mama - Jain



## Section 1

1, 2      Step out right , cross behind with left (grapevine)  
&, 3      Hop on right foot, kick Left heel out  
& ,4      Hop on left foot, Cross right in front of left  
5, 6      Step rock left, recover right  
7&8      Cross left behind, step out right, cross left in front (weave step)

## Section 2

1, 2      Step rock right, recover left  
3&4      (Sailor step) rock behind right, recover left, step out right  
5&6      (Coaster turn) Step back ¼ turn left into a ¼, step back right. Step forward left.  
7&8      Step right, heel swivel out and back

## Section 3

1&2      Step left, heel swivel out and back  
3, 4      Step forward right, step out left.  
5&6      Heels in, toes in, feet together  
7, 8      Body roll

## Section 4

1&2      Right heel kick out, hop on right, left heel kick out  
3, 4      Left toe back, Pivot turn 180  
5, 6      Step forward right, forward left  
7&8      Step right into a 360 degree spin

Last Update - 19 Oct. 2021

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