

I Hope You Dance

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Pauline Bell (UK) - October 2021
音樂: I Hope You Dance (Brian Rawlings Remix) - Lee Ann Womack



Written in memory of my niece Lynn Everson, who sadly lost her battle with cancer in 2020 and said "When you get the choice to sit it out or dance, I hope you dance."

Intro: 32 Counts-start on Vocals

Section 1: Cross Side Right Sailor, Cross Side, Sailor ¼ Turn

- 1 - 2 Cross right over left, Step left to left side.
- 3 & 4 Cross right behind left. Step left to left side. Step right in place.
- 5 - 6 Cross left over right, Step right to right side.
- 7 & 8 Make ¼ turn left, crossing left behind right, step right to right side, step left in place. (9.00)

Section 2: Full Turn, Right Shuffle, Forward Rock, Coaster.

- 1 - 2 Full turn left stepping right left.
- 3 & 4 Step forward right, close left to right, step forward right.
- 5 - 6 Rock forward on left, rock back onto right.
- 7 & 8 Step left back, close right beside left. step left forward.

Section 3: Forward Rock, Shuffle ½ Turn, Full Turn, Hip Sway.

- 1 - 2 Rock forward on right, rock back onto left.
- 3 & 4 Right shuffle making ½ turn right stepping right left right.
- 5 - 6 Full turn right stepping left right.
- 7 - 8 Sway hips left, sway hips right. (3.00)

Section 4: Chasse ¼ Turn Left, Step Pivot, Kickball Change, Point Front Side.

- 1 & 2 Step left to left side. Close right beside left. Step left to left side turning 1/4 turn left.
- 3 - 4 Step forward right, pivot ½ turn left.
- 5 & 6 Kick right forward. Step right beside left. Step left in place.
- 7 - 8 Point right foot forward, point right foot to right side. (6.00)