One Heart

拍數: 24

級數: Absolute Beginner

編舞者: Alan LeBlanc (CAN) - October 2021

音樂: One Heart - Céline Dion

#24 count intro

S1 - Weight on L; stepping to the right: step together, step touch; stepping to the left: step together, step

- touch
- 1-4 Step R to right, step L to right, step R to right, touch L to right (12:00)
- 5-8 Step L to left, step R to left, step L to left, touch R to left (12:00)

S2 - Step touch & clap, step touch & clap, step touch & clap, step touch & clap

- Step R to right (clap), touch L to right (clap), step L to left (clap), touch R to left (clap) (12:00) 1-4
- 5-8 Step R to right (clap), touch L to right (clap), step L to left (clap), touch R to left (clap) (12:00)

S3 - Forward: Step together step touch, step together turn, turn (1/4 to R)

- Step forward on R, step L next to R, step forward on R, touch L next to R (12:00) 1-4
- 5-8 Step forward on L, step R next to L, turn ¼ to the right and step on L, touch R next to L (3:00)

End of dance, start over

Last Update - 6 Oct 2022





牆數:4