

# Disco Duck

拍數: 32      牆數: 0      級數: Beginner  
編舞者: Thomas Haynes (USA) - October 2021  
音樂: Disco Duck (Pt. 1 Vocal) - Rick Dees And His Cast Of Idiots



## Walk forward and back with hitches

- 1-2-      Step forward right, left
- 3-4-      Step forward right, small hitch up on left
- 5-6-      Step back on left, step back on right
- 7-8-      Step back on left, small hitch up on right

## Rock step, recover, move forward, heel splits

- 1-2-      Rock back on right, recover on left
- 3-4-      Step forward right, left together next to right
- 5-6-      Split heels apart, bring back together
- 7-8-      Split heels apart, bring back together

**(option for steps 5-8 shake your tailfeathers, hips right,right,left,left)**

## Finger points, arm rolls and flaps

- 1-2-      Point right index finger point upward at angle to the right, Point downward at angle to the left with right index finger
- 3-4-      Point right index finger point upward at angle to the right, Point downward at angle to the left with right index finger

**(think John Travolta)**

- 5-6-      Make a fist with both hands and roll right fist over left fist twice
- 7-8-      With both arms close to each side, elbows bent, raise both elbows out return to each side twice (option: split heels out and in with elbows)

## 1/2 turn, 1/4 turn, v-step

- 1-2-      Step ball of right forward pivot 1/2 turn left
- 3-4-      Step ball of right forward pivot 1/4 turn left
- 5-6-      Step forward and out on right, step forward and out on left
- 7-8-      Step back center on right, step left back next to right(weight on left)

**Begin Again....**

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