

# Nous Deux

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jim PAVADÉ (FR) - October 2021  
音樂: Nous Deux - Flo Delavega : (Album: Rêveur Forêveur)



The dance starts with the body weight on the LF

**\*\*2 TAGS of 8 counts at the end of Walls 1 & 3**

## Section 1: Syncopated Weave Left & Right

1 & 2 &      RF cross over LF, LF to side, RF cross behind LF, LF to side (12h00),  
3 & 4      RF cross over LF, LF to side, RF cross behind LF (01h30),  
5 & 6 &      LF cross over RF, RF to side, LF cross behind RF, RF to side (12h00),  
7 & 8      LF cross over RF, RF to side, LF cross behind RF (10h30).

## Section 2: 6 Running Steps on the Left Diagonal & 6 Running Steps on the Right Diagonal

1 & 2      Run forward 3 steps on L diag.: RF - LF - RF (10h30),  
3 & 4      Run back 3 steps on L diag.: LF - RF - LF,  
5 & 6      Run forward 3 steps on R diag.: RF - LF - RF (01h30),  
7 & 8      Run back 3 steps on R diag.: LF - RF - LF.

## Section 3: R Smiley (travelling volta turn to R)- L Smiley (travelling volta turn to L)

1 & 2      RF cross over LF with  $\frac{1}{4}$  turn R (04h30), Ball step on LF to left, Cross RF over LF with  $\frac{5}{8}$  turn R  
& 3 & 4      Ball step on LF to left, Cross RF over LF, Ball step on LF to left, Cross RF over LF (12h00),  
5 & 6      LF cross over RF with  $\frac{1}{4}$  turn L (08h30), Ball step on RF to right, Cross LF over RF with  $\frac{5}{8}$  turn L  
& 7 & 8      Ball step on RF to right, Cross LF over RF, Ball step on RF to right, Cross LF over RF (12h00).

## Section 4: Right Shuffle Box

1 & 2      RF to side - LF next RF - RF to side (12h00),  
3 & 4       $\frac{1}{4}$  turn R with LF to side - RF next LF - LF to side (03h00),  
5 & 6       $\frac{1}{4}$  turn R with RF to side - LF next RF - RF to side (06h00),  
7 & 8       $\frac{1}{4}$  turn R with LF to side - RF next LF - LF to side (09h00).

## TAG at the end of Wall 1 (09h00) & 3 (03h00)

### Step Walk with $\frac{1}{4}$ turn R (X4)

1 2       $\frac{1}{4}$  turn R & RF forward, hold (12h00),  
3 4       $\frac{1}{4}$  turn R & LF forward, hold (03h00),  
5 6       $\frac{1}{4}$  turn R & RF forward, hold (06h00),  
7 8       $\frac{1}{4}$  turn R & LF to side, hold (09h00).

## Finish at 12h00

### [1 - 2]: Forward Step - Side Step

1      RF forward, right hand rises up (12h00),  
2      LF to side, right hand lowers down (12h00).

Enjoy !