Heart's on Shuffle



拍數: 32 編數: 4 級數: High Beginner

編舞者: Michelle Wright (USA) - October 2021

音樂: Shuffle - Laci Kaye Booth



Restart on wall 3 after 24 counts. Easy 4 count Tag end of wall 7 Dance starts 16 counts in on the lyrics (approx 11 sec in)

Section 1: Sassy Walk RL, R forward Shuffle, L rock, Recover, L 1/2 shuffle

1,2 Step R Forward slightly across L, Step L Forward slightly across R

3&4 Step R Forward, Step L next to R Step Forward L

5,6 Step Forward L, ½ pivot R weight on R

7&8 ¼ turn L Step L to L side, Step R next to L, ¼ turn L step L forward (styling for 7&8: over rotate the shuffle making you slightly open towards the diagonal)

Option for increased difficulty for 7&8: Turning Triple

7&8 ½ turn L stepping L forward, ½ turn L stepping R back, ½ Turn L stepping forward L

Section 2: Cross rock, diagonal back rock, Cross, 1/4,, R chasse

1,2 Cross R over L, recover on L

3,4 Step R back on diagonal towards 4:30, recover on L
5,6 Cross R over L, make a ¼ turn R stepping back L
7&8 Step R to R side, Step L next to R, Step R to R side

Section 3: Cross, Side, Weave, Slide w/ a touch, L Coaster

1,2 Cross L over R, Step R to R side

3&4 Cross L behind R, Step R to R side, Cross L over R

5.6 Big Step R, Touch L next to R

7&8 Step L back, Step R next to L, Step L Forward

Restart here on wall 3

Section 4: Heel switches, 1/2 pivot, Heel switches, ½ pivot

1&2& Put R Heel Forward, Step R next to L, Put L Heel Forward, Step L next to R

3,4 Step R Forward ½ pivot L with on L

5&6& Put R Heel Forward, Step R next to L, Put L Heel Forward, Step L next to R

7,8 Step R Forward ½ pivot L with on L

Tag: 4 counts after wall 7: jazz box

1,2 Cross R over L, Step L back3,4 Step R to R side, Step L Forward

Optional Ending: Change half pivot to ½ pivot to face front wall

End of dance!

Any questions email: Michellelinedance@gmail.com