

Sex On The Beach 2021 (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Beginner Partner
編舞者: Guy Dubé (CAN) & Nancy Milot (CAN) - October 2021
音樂: Sex on the Beach - Tyler Shaw



Intro : 16 counts, in Sweetheart position, face LOD

[1-8] 2X (ROCK SIDE, RECOVER, SHUFFLE FWD)

1-2 Rock side R, recover on L
3&4 Shuffle forward with R,L,R
5-6 Rock side L, recover on R
7&8 Shuffle forward with L,R,L

[9-16] M : ROCK STEP, RECOVER, COASTER STEP, 2X (WALK FWD), SHUFFLE FWD

[9-16] L : ROCK STEP, RECOVER, COASTER STEP, FULL TURN R, SHUFFLE FWD

1-2 Rock forward R, recover on L
3&4 Step R back, step L together R, step R forward
5-6 M : Walk forward with L,R
 L : 1/2 turn R and step L back, 1/2 turn R and step R forward

*** On count 5, without letting the hands go, raise both L hands over the lady's head.

*** On count 6 without letting the hands go, lower the hands in front of the lady.

7&8 Shuffle forward with L,R,L

[17-24] H : 2X (WALK FWD), SHUFFLE FWD, ROCK STEP, RECOVER, COASTER STEP

[17-24] F : FULL TURN L, SHUFFLE FWD, ROCK STEP, RECOVER, COASTER STEP

1-2 M : Walk forward with R,L
 L : 1/2 turn L and step R back, 1/2 turn L and step L forward

*** On count 1 without letting the hands go, raise both L hands over the lady's head.

*** On count 2 without letting the hands go, return in sweetheart position.

3&4 Shuffle forward with R,L,R
5-6 Rock forward L, recover on R
7&8 Step L back, step R together L, step L forward

[25-32] 2X (CROSS SAMBA), JAZZ BOX

1&2 Cross step R over L, rock side L, recover on R
3&4 Cross step L over R, rock side R, recover on L
5-6 Cross step R over L, step L back
7-8 Step R to right side, cross step L over R

HAVE FUN ! - GUY & NANCY

Last Update - 23 Mar 2022